

How to reveal your vocation.

The first day.

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1. How to reveal your vocation. The first day.

Today we have a serious conversation. I'll make a small introduction, as I think, there are some people who have never listened to my lectures and do not know what the Vedas are. Lift your hand those who are not acquainted with the Vedas? Well, there are about ten people. So the Vedas are the most ancient knowledge, which is deeply scientific. On the basis of this knowledge I worked out my own methods of treatment, which are becoming more effective at present.

So it's a serious science, it has different branches, they are: medicine, astrology, astronomy, mathematics, physics, history, law and so on. It's serious knowledge but it's usually underestimated by our modern society. And my goal is to give you the basis of this knowledge.

According to the Vedas, human psyche is not a combination of neural impulses, as the greatest scientist Pavlov put it. I appreciate and love him very much, but unfortunately I do not agree with him, because human psyche has its own structure. It's not simply a flexible system of combinations of neural impulses, so it's quite a concrete, well-structured tissue, which has its own anatomy and is called a "subtle body".

And there are psychic channels in this subtle body, they are called Nadi. The Vedas say that there are about five hundred thousand of channels, and about eighty thousand are studied in detail as they are basic, and fourteen of them are regarded to be the principal ones, so today we are going to speak about three psychic channels .

So now we are speaking about only one part of the subtle body. The subtle body is called a subtle body of the mind or a subtle structure of the mind, practically it's the mind, with the help of which we think. But in our subtle structure there's also the reason, that has three psychic centres in the head area. And there are three Dharmas, we'll speak about them too.

The reason controls the mind and gives us an opportunity to change ourselves, our character. But it doesn't mean to change yourself radically, for example, to put in silicon and to change yourself. To change means not to change your appearance, but your character. Lift your hand, Gentlemen, who can

accept a wife with small breasts, but with a good character. Who does not agree with it? Lift your hand those, for whom breasts are more important than a good character! Don't be afraid, we live in a democratic society. No one. But maybe there are some, but they are afraid to lift their hands.

So little by little in the course of life a person understands that character is something more important than appearance. And it's a very valuable and important achievement, and you have to lose much blood to achieve this knowledge.

The mind is woven from the character and its traits. But the traits of the character belong to the reason, so the mind is made of the character, but the opportunity to change it is the function of the reason. A strong character means a strong reason, and a weak character is when the reason does not work, then a person cannot control himself, check himself.

Senses are the tentacles of the mind, and they are inward-directed, and the mind is also inward-directed and reflects. And it possesses five senses: audition is number one; it connects the mind with the reason, and this is the most important one. Audition also changes the reason and the character features. It's connected with the person's belief and fate, so it can change the fate. But we'll speak about it later.

The second important sense is the tactile sense; it enchains the psyche. The tactile sense is closely connected with our body, and we are afraid to lose our body, it's of great value for us, that's why this sense has a feeling of pain, and is also connected with the feeling of sexuality, which is very strong. And nowadays this sexual feeling is highly esteemed. Before people also valued it, but not so much. People commit suicide if this feeling is absent, they think that in this case their life is in vain.

Well, the tactile sense also links the reason with the mind, and it's closely connected with the purity of a person or his defiling. For example, a person is going by bus somewhere and suddenly a drunk man touches him saying: "Let me pass, mister!", then the person can feel disgust and even will have a feeling that he wants to move aside. And this very feeling goes somewhere inward and then his mood spoils. This tactile sense dirties the reason in this case, as it is linked with the reason.

The reason also means enthusiasm, determination, an ability to evaluate the situation and so on.

Then goes the sense of sight. It's connected with the mind, and eyes are not the mirror of the soul, but the mirror of the mind. You can examine the mind through the eyes, for instance, if a person has schizophrenia, you can see it in his eyes. His sight is so far away. He's looking at you, but he does not see you, his sight is like absent.

There are different types of overloaded-psyche levels, and all these types you can see through the eyes, and this overloading is situated in the mind, from the mind it goes into the nervous system. Our psychiatrists understood it and they load the nervous system with tranquillizers, and as the result the mind cannot get connected and act through the nervous system. That's why it seems that a patient feels better, but in fact the tranquillizers didn't make him feel better; pills cannot cure him, as they don't affect the mind. But other factors can affect the mind, those which have subtle nature, for example, people around you, plants and gems, as they are also made out of life, these are not stones that are used to make bricks, gems grow in a special cocoon, they develop there, and as the result life in a gem is preserved, and it's preserved for ages, and when a gem affects a person, it creates a definite mood.

All living creatures have psychical mood and character, as every living creature, even plants and trees, has a subtle body of the mind. When we eat plants, plants fill us up with their energy of the mind, and that's why we feel satisfied after the meal. Some people think, that we eat only to get vitamins, proteins, fats and carbohydrates. They have such a theory, that it's the most important thing to get these elements. Then it means that we must eat fat separately, as separate eating is the healthiest way of nutrition. The best way of nutrition is to take vitamins in pills, then to take a kilo of fat, that's cool to take one kilogram of fat; then you can drink water, and afterwards eat carbohydrates. So according to this theory, it's the best way to get a proper meal.

Then why do we want to have different meals and different plants? If someone doesn't want, then this person has achieved the highest level of perfection in this counting calories-vitamins-fats method.

And the answer is that every plant has its own character and a person eats it and fills up with this character, and becomes satisfied. Why do we want to eat so often? Once in four hours, or someone wants to eat once in five hours. But what does this fact depend on? It depends on the depletion of the character. Here's an example, a person is walking around and is obsessed with the idea: "Inflation! Inflation!" He's being used up, he's burning himself, you see? He wants to eat more.

Do you know why during the war there are more hungry people than ever? Starvation is not that violent. But during the war people are very hungry, and this happens not because they eat less or not, but the problem is that people become hungry very quickly, if they are nervous. You can make an experiment: you'll want to eat every fifteen minutes. But why? As the mind is used up very quickly, digestion is accelerated and a person grows fatter, he's filled up, filled up by inflation. When the inflation grows, every one becomes fatter. And why? They stock up on nutrients to survive the inflation. That's how the mechanism of self-preservation works, a man starts eating more, and it's not connected with the fact that he lacks nutrients. During the inflation people lack calmness in their minds, and this leads to the fact that the reason stops working and people lose self-control.

The sense of sight is connected with the mind, the sense of taste is closely connected with the psychic energy of the person. If a person knows what he likes to eat and what he doesn't then he restores his forces very quickly. Just like in one film about Chapaev, the episode when a soldier says: "Brother, Vania is dying, he is asking for a fish soup." And the soldier went to look for the fish soup, because Vania was

dying. So if one asks for a fish soup, that means that he needs it, the person, who is exhausted, should receive what he wants, you see? Because if you give him another nutrition, he won't recover. When a person feels the taste that he wants, he feels better, he restores his forces. When I had hepatitis after India, I ate only pickled cucumbers and noodles and I felt better. So taste depends on the physical conditions of a person, his forces; a person receives his forces from the taste.

The sense of smell is connected with the body, that's why one of the symptoms when a person has fallen seriously ill he loses the ability to sniff, that means that his body becomes uncontrolled. If a dog's nose becomes dry, the dog cannot sniff, that means that it is ill. Almost the same thing is with humans, but we don't realise it. Because we do not study how it works. As at present we mainly study how the computer works.

So our senses are connected with the mind and they lead us through our life. When we satisfy our senses, we also satisfy sense data (sensa) such as people, nature and so on. When we see a beautiful, pleasant sensum (sense datum), we experience happiness. And as the Vedas put it: the main concept of our material life is to create such an atmosphere which will satisfy all the five senses; for example: the flat should be beautiful, the husband should be a good one, he should neither drink nor smoke, should give flowers and call his mother-in-law "Mummy", be indifferent to alcohol and he should not be a bore in a conversation. Is that right? From the audience: "Should not be a bore at the party!" Yep, at the party means the sense of sight is satisfied, and in the conversation the sense of hearing is. So when a person satisfies these senses, he becomes happy. When every thing starts to spoil, then the senses become unsatisfied, as the flat becomes worse and the food becomes worse, and the wife becomes worse too, she is discontent and unhappy. As every thing becomes exteriorly worse, the person grows unhappier.

But the Vedas say that this way of life perception belongs to common people and it looks so reliable because everybody lives this way. Though according to the Vedas this way of life perception is regarded as complete recklessness. And now we see that those people who put all their life in it, they are psychically ruined. It took them just a month or two to become like croquettes. That means a man invested all his money into the loan on mortgage, and he hoped, believed the financial mechanisms and promises, but as the result he put a pistol to his head. This is the result. This is the reality that we should accept into our life.

The Vedas say that there is also an inner state of a person, not an external one, but an internal state, internal happiness. It depends on the purity of relations with people, on the unselfishness, on the ability to give something to others. For example, a man gave a piece of bread to a beggar, and happiness came to his heart. That's what internal (inner) life is.

The internal life does not depend on the inflation, on the amount of money or power. It depends on how you treat your wife. As even if she's not beautiful, but you treat her well, she'll love you and you'll become happy. For love automatically brings happiness. You should not strain to be happy, when two hundred people love you, that brings you happiness.

And the reason is an unusual human psychic structure. But why is it so unusual? Because the mind always wants to be happy, it's always striving for happiness. But the reason is the thing that gives happiness, it's like a happiness conductor, so it means that the reason looks for happiness, but it looks for it through knowledge. There are different types of knowledge and a person without thinking becomes a slave of this or that type of knowledge. For example, a person thinks that a social status will make him happy. And he's climbing up the job ladder with the idea to obtain a certain social position at any price. And he's striving for it as he sees that the people who have such a position they are really happy. They are happier and their life is better. And he's aimed to get it.

Another person thinks that money gives happiness. And his aim is gain much money. The third person thinks that a beautiful lady beside him will bring happiness. And he is looking for this beautiful lady, the first, the second, the third, the tenth woman but he cannot stop as he's looking for a more and more beautiful woman. The fourth person believes that when he becomes the winner, wins the golden medal he'll be happy, it's like in a song: "We believe in our sport heroes, and we need the victory as the air, and we want all the records to be signed by our melodic names!" So belief is the function of the reason, a person believes and all his life is woven from this belief, all his life is based on this belief.

Every person must understand what his life is based on, what his belief is. As a certain type of belief is given to us at birth. For example: a child is born, he believes in his Mother. If she goes out, he cries: "Ah-h!" His mother comes back, he nestles up to her and he feels defended, he's satisfied and calm. Then he looks around and sees that there's also Father. He starts to believe in his Father, he nestles up to him and feels that it is cool to be beside him. Then he believes in his Grandmother, Grandfather. And slowly his belief expands and he believes in his relatives. Time passes, he grows up, he starts to believe in entertainment and toys. So when he has a toy he's happy, he plays with it. If he wants a toy, he demands it and even makes a scene. Then he becomes an adult and his concept of belief becomes more and more expanded.

But the problem is that sometimes when a person becomes thirty five, his concept of belief stiffens. It does not develop further. For example, a person believes that he can become happy only if he earns money. It means that his belief became stiffened and it won't move further. And that's all, the person cannot develop, because the reason must develop. He sees no happiness in toys, then he needs something else. So he must move on: higher and higher, because if he does not develop, his life stops. And it'll be extremely difficult to live. One day the person feels that neither his job suits him nor the furniture does and everything has turned grey, he doesn't see happiness, he looks around and sees nothing good around him.

Please, lift your hand those, who are having such a period of life. Here, there are several people. It's a very special moment of life, at this very moment a person changes his belief. He starts thinking: "What am I to do? What should I do? How should I live?" It's an amazing mood. Crises, when crises come to the society, these are the moments of such questions: "What are we living for?", such questions arise.

Because when everything's fine: a person has a good job, a good wife, good food, a good flat, then what's the need to reflect? You only need to live and that's all. It means that in this period of time you don't need to think and your reason is sleeping.

The Vedas describe that the Universe consists of the reason, so it's very reasonable by nature. We don't understand this, because we need to develop ourselves to be able to understand it. You see the Universe is highly reasonable and there is Force, that controls all life processes. Sometimes it gives people a possibility to relax, but sometimes it stresses them out so that they can develop. You see?

That's why the reason should always study how to live further, how to change the fate or how to live in the right way. For all the life depends on the aims that the reason chooses. And there are different types, different levels of aims. And according to this gradation there are different world perceptions.

If a person considers money being the basic aim of his life, then his relations with people become very dry. Such relations are called business relations. And with his wife he also establishes business relations, he says: "Let's decide in a businesslike manner: how we are to live. You gain this amount of money, I gain this sum. Then let's..you'll give this sum of money to the children, and I'll give them that. My money is mine, and it's on my account, and your money is yours. You give money to your parents and provide for them, you help your relatives, and I help mine. If we have problems, we sit down and find the solution. Everything is serious, as we are serious people and we decide everything seriously." What do such relations lack? They lack love. Because when they are businesslike, how we'll kiss? We'll kiss each other in a businesslike way too, like Brejnev, he kissed and hugged every one in a businesslike manner: "Uhhh!" Such a businesslike kiss. This system does not work, you see, it turns out that these relations are underdeveloped, an underdeveloped perception of the world. The person is underdeveloped too, though he considers himself being very smart, but he is underdeveloped.

Because the most important thing that he needed to have, the most precious thing in life was sincere love. There's nothing more important. But he lost this opportunity. But why? Because he developed business relations. It seems that he did everything right, he organised everything by the law, and if his wife breaks up with him, he doesn't lose anything. But it only seems to him, as he doesn't have anything, so he can lose nothing. As he doesn't have a wife, only a psychic structure, that walks around with its own financial capacities. You see, some people have such a life perception.

When a person sees that inward values are more important than the outward are, he begins to build relations with other people in a different way. But it is very difficult, because we don't know the laws. We do not understand such things, we say: "How can I trust people? If I trust people, they will immediately deceive me". A person realizes at once: "If I trust people, for example, at work, they will deceive me." A person does not understand that it is a real science. And it is necessary to study it to understand how to trust people so that they won't deceive you. We need to study it. We study financial

relationship since childhood but we do not study how to trust people, how to live honestly. And an honest way of life is the power. I'll explain it now.

Firstly, when a person lives honestly he can see deceivers around him, he can foresee his fate. It means he can feel unfavourable periods of his life, he can feel his diseases. When a person lives honestly, his mind becomes like an indicator. He feels everything: what is ill, or that he 's being deceived, that his wife might leave him. He understands what to eat and what he should not eat. He starts to understand everything. Is honesty a real power? So do we need honesty or not? Honesty is the barometer of fate. And we do need it.

Further on, if a person can treat people with compassion. Compassion is also the power that gives opportunities. What is compassion? This is the force that gives an ability to become closer to a person, to make friends with him. "A friend won't let you down or leave in a difficult situation, he won't ask you to tell something that you don't want to tell; that is what a devoted friend is." (a russian song) Not to let down or not to abandon means compassion. But how can we not abandon a person in trouble? When somebody is in trouble, he is greenish and stinky. You need to take care of him, but he stinks. You see, but a friend won't abandon, as compassion gives the capacity not to do it. When he is ill, he has nothing: neither money, nor... he has nothing. He's only lying and stinking. That' all, and you need to come to him, to clean his bedpan under his bed, to feed him, but he eats and grumbles at you, because he lacks happiness. But a friend won't abandon in trouble. Why? Because he has compassion.

When someone develops such a character feature as compassion, he comes to his chief's office, as the latter called him to give a sack. He looks at the chief and he has that inner power, you see. And the chief says "Well, OK, we'll cope with the situation. Go on working." He cannot fire him, you see? He lacks forces to do it. But why? As he's a good guy. You cannot fire a good person, it's complete folly. This is the principle. When a person understands that all his life, conscience and state depend on the aims he has chosen, he starts to study how to live. These are what knowledge and comprehension are.

So the reason leads the person. It creates his fate, it influences his health, his nutrition, his relations with people. For example, a lady comes to my consultation and asks:"How can I get married? How? I want to get married." Oh, don't laugh! It's a serious matter, it's very difficult for her to get married. None of the ladies laughed here, they all know what it is. They all know that it's difficult to get married. Now I'll explain the mechanism. Why are you laughing? Seriously, now I'll explain the mechanism: how to get married.

There are some character features that create feminine force. You know there's feminine force and also there is feminine weakness. Well, for example, a lady puts her arms akimbo and says:"Now what, guys? I'm the chief here." When a woman behaves like this, that means that she won't find a responsible man, because responsible men choose humble ladies. This is how the mechanism works. That's why, if she

behaves in this way, then whom will she find? "Moulia, don't make me nervous!" And Moulia walks around her like this, a bit big-eared. That's it, she'll find a Moulia like that. (Moulia is one the well-known characters from an old soviet movie "A foundling".)

Then there's the second variant: "It's not like that, it's not like that! I don't like this and I don't like that!" This type is very sensitive, touchy, whom will she find? What kind of a man? An "I've told you to shut up!"-type. She'll find a quarrelsome type. You see, for example a young lady has a set of qualities, she's like this and like that, she has everything but not the most important qualities. But what kind of a man does she want to have beside her? Is she so foolish to live with the quarrelsome type? No, she wants to have a good guy. But it's difficult to catch a good guy. She must whip the stream. And how does she do it? It's called to snap eyes. She whips the stream, but catches a loser. "No, not him, I should try once again." But this does not work.

Not to catch losers, you shouldn't be a loser yourself, you should become humble. And it's difficult to be humble, it's very difficult, but it's very important. Otherwise you won't find a good husband. To develop this character feature you need to endure, to be calm if someone said something bad, not to be too sensitive and touchy.

Also a lady should not be cold. If she is cold-tempered by nature, it means that she cannot take care of others. And she finds a stone person. And their situation is something like this: "Why have you come?" "To give you flowers." "Then give..." "Then take..." He gives the flowers and she asks him to leave. She does not see his feelings. But why? As she wants only to see the feelings towards her, she wants him to take care of her, but if you want something from somebody, you should first do it yourself, you should show your feelings and take care. But she cannot either cook or wash clothes, she says "Wash your clothes yourself!" She doesn't want to do anything! Then she'll find a cold man. He'll work hard at his job, then he'll come home, watch TV and that's all. They'll have nothing to do and no time to do something; he cannot render his feelings, neither can she, as she's cold too. She cannot take care. And as the result we have such an alliance. You see, that's the law.

Traits of our character create our life. Neither a man nor a woman nor even a dog can live without it, you see? A dog cannot find a suitable match, if it has a bad character. It works this way round, this is Nature, and you can do nothing with it. That's why the development of the character is the most important part of our life. Well, I hope I've motivated you a bit, now we'll pass to our basic theme.

What are we going to speak about today? So we've talked about the reason. And now we'll start with you from the mind structure. We'll talk about different constitutions of a man to disperse your doubts, as there are different points of view on these constitutions. Once I was invited to the TV emission, called "Vremechko", and we talked about different types of people.

And a lot of psychologists, coryphaeuses of science gathered there. They talked about what the basic approach to classify people was. One group supported the division into phlegmatic, choleric, melancholic and sanguine personality type. And this is the main classic division. The second group supported the progressive new division into introverts and extroverts. And they were all arguing about it.

And now I'll show you the vedic point of view on this problem, and you'll see how primitive the level of our modern psychology is. According to the Vedas a man has a gross body and physic constitutions. An anatomical constitution means: being big, slim, tall or short. You see, these are types of strong, weak and intermediate body development. This is what an anatomical constitution is. Does an anatomical compatibility exist? Of coarse it does. The Vedas describe it like this: for example, a man is short. What kind of a lady he needs? A shorter one? No, a bit taller girl than he is. If a man is of average height, then a girl of average height will make a good match with him. If he's very tall, then what lady will match him? A small one.

If he's very slim, as a pole, he'll find a chubby small lady to counterbalance his nature. Or if he's a very big guy, whom will he choose? A very slim. This is how they counterbalance, this is how body equilibration is achieved, because the body is connected with the psyche. They can live in harmony in this way, you see?

Or just imagine, he's so slim that the wind can sway him, and so is she, they sway together. We see that there's a mismatch. And as the result their family health also sway. But why? Because their constitutions disagree. When she's a slim girl, and he's a big, handsome guy, she takes her physic force from him, and so does he, as he needs to lose weight and he takes this force to lose his waste from his wife and does it. And she takes her force from him and puts on waste. And as the result they level out their weight category, you see? This is how the Nature created it.

The next type of human constitution is a physiological constitution. We have analysed the anatomical type. Every next type of the human constitution will be more subtle and closer to the human psyche, and that's why every new type will be more complicated. So the first subtype of physiological constitution is connected with the earth and coldness. You see, this person tends to eat much, he's slow by nature. He likes sweet food, he likes to relax. This constitutional type is connected with the fact that deep inside the person is striving for pleasures and happiness.

There are three types people's urges. The first type is aimed at happiness, the second type is aimed at knowledge and the third type is aimed at the eternity. Now we'll see how these urges build up these constitutional types. If a person urges for happiness, he likes to stay in bed in the morning, he likes

sweet food. He lives calmly, he does not haste anywhere, he's kind by nature. He tries to decide everything thoroughly. He has a good memory and so on. This is the first type of physiological constitution.

The second type: fiery, very hot people. They are very hot-tempered, active, they are always hot, they always need to open a window. They are very energetic, they think and understand fast, their concentration is very high. They are imperious by nature and such people are seeking for knowledge, they want to understand everything. This is a fiery constitution.

The third type: people of an airy constitution, they are like a wind. They are very mobile and active. Their mind is unstable, but it thinks and decides fast. They are very sociable and active by nature. Their thinking is fast, their perception is broad, but the concentration is not very high. Such people tend to change things and not to get stuck on something. They are aimed at the eternity, their aim is to overcome death. But this explanation is too deep, I tell you this so that you know it. Try to analyse it and you'll see. When a person is running away from his age, for example, he is active and cheerful.

Once I gave a lecture in Omsk, and in the street I saw a tall and slim man jogging. On his T-shirt it was written, maybe he wrote, something like "instead of "something" you'd better run". So he was running, jogging early in the morning. He was so happy as he was running away from his age. So this was his nature, this is the nature of people of this constitutional type, that's why they seek for different types of health improvement.

For example a person of the first earth constitution, he prefers such types of health improvement: beautiful views, for example, the sea and the Sun. He walks along the beach, he likes to improve his health in this way. People of the second fiery constitution, they choose gymnastics: one- two, three-four, five-six, seven-eight. And those of the airy constitution, they run. So there are different kinds of attitudes how to be healthy.

So these are the physiological types of constitution, and they are closely connected with our psychic energy. We have psychic energy in our organism. It moves through all types of tissues, through the nerve tissues, through the mind and the reason. And according to the movement of this energy, there are three types of physiological constitution. In the fiery constitution the energy moves towards the concentration. When the energy moves outwards, it is the airy constitution. And in the third type (earth constitution) it is simply accumulated.

Then goes the emotional constitution. It is connected with the sensuous activity. The emotional types are: choleric, melancholic, sanguine and phlegmatic or introverts and extroverts.

Then the next type is the mental constitution, mind constitution. There are a lot of them. I gave a large seminar on this theme in Dnepropetrovsk. There are factual constitutions, such constitutions are gracious by nature, so there is also an ignorant type and so on. We won't speak about them in detail, it is a large theme.

So there are different types of psychic constitutions. You know, nowadays a new science appeared: socionics. It studies these types and their functions to create production relations. This science studies these mind constitutions and how to combine them. But the Vedas worked this system out long ago. And now we simply try to invent it again, as well.

But the most important thing we are going to speak about is the constitution of the reason. And this is the basis of our life. And if we do not understand this type of constitution that's really dreadful, as all our life suffers because of it. So now we are going to talk about this very type of constitution. But before it I'd like to say a few words about one thing: a person has a more happy or a less happy life depending on the aim that he has chosen. For example you know that one can put more gas into one petrol tank and less into another and you have nothing to do with it. Just the same system exists in our reason. If a person chooses a more elevated aim, then it means that more happiness can be put into his psyche; he can put more happiness into himself. And if he chooses a lower aim then that means he can put less happiness.

We can understand it by looking at those people who've chosen a lower aim. For example, someone has a very low aim: to have sex and he doesn't want anything in life but sex. And he becomes a tomcat. So he walks around looking for a lady of his heart but in this lady he sees nothing but...he sees only the lower part of her body. Sex is his life, you see?

Such people have their own music style, it's something like boom-boom-boom, a tomcat music; they have their own clothes, but actually they don't need them, their own food, but it's not very multifarious, it's quite primitive. They have their own language, a tomcat-slang and also they have this international language, all nations speak it. Also they have their own types of movements. Do you remember the wolf from the russian cartoon: " Just you wait!", well that's it.

When we see that a person has such a primitive aim, we see that nothing good comes out of it. But it's also difficult for us to understand those people, who have more elevated aims, we don't understand them. And I'd like to enumerate the aims that are filled more or less with happiness.

So now the types of aims. According to the Vedas the most filled with happiness aim is when a person's target is to seek the God. He wants to find the God and the supreme Truth. He wants to find the supreme harmony of this world. He wants to know if this world is woven from Justice or a lie? He wants to know if there's next life or not. He wants to know if Honesty exists in this world and if it's necessary in life. He wants to investigate the world. This is a very elevated psychic tuning. When a person has such a tuning, the deeper he perceives the world, the happier he becomes. According to the Vedas he becomes happier as he contacts with more sources of happiness in his reason; and the stock expands.

Then there are vitally important aims that are not basic but still are very important. Without such aims a man cannot develop as a personality. The first vitally important aim is to study the laws of the Universe. So it's not simply a striving for something, but an investigation of the fundamental laws, how this world works. The second vitally important aim is to work on yourself to maintain your physic and psychic health. For example, there's a man, he's a very good man, but he doesn't take care about his health and as the result he has radiculitis. And that's all, his life's broken. And you have nothing to do with it, because of such a small thing all the life is ruined, that's why it's important to take care about your body and and psyche and it's important to study how to do it. Studying and taking care are vitally important aims. Otherwise your life will be ruined.

We need to fulfil our family and social duties, and it's also important to learn how to do it in the right way. And this is one of the most crucial aims, as if a person does not fulfil his family duties in the right way, his family ruins. If a person does not fulfil his social duties in the right way, he has problems within the society. It's the law, it's not a fortuity. Such difficult moments happen in our life, when we cannot continue living as we lived before. The life becomes very difficult and a person is trying to seize it, but he can't. And why can't he? He doesn't know the laws, he doesn't know that life is not for grabbing, saving money, but it's all about fulfilling your duties to people around you.

If you fulfil your duties in the right way, you become a very valuable member of the society. And the society won't leave you, even if it is on a very low economic level, anyway as you are valuable they'll keep you. You see? The person who fulfils his duties in the right way becomes very valuable for the society, but if he's underestimated in the place where he fulfils all his duties and they want him to leave, then he only needs to say: "Thank God!" and leave, as it means that he worked in the wrong place. As a valuable person will find those people who will treasure him, you see? But if a person is useless and does nothing valuable for the society, and the only thing he does, he does for himself, then the society will push him off.

Those were vitally important aims, so now we pass to important aims of life, and they are on the third place. But unfortunately people put them atop, for example, a person neglects the fundamental aim: striving for God. He believes nothing, but he works on himself, this person does not receive the most important thing: this maximum feeling of happiness, he cannot achieve it. All his life he lacks something

and he dies with a feeling of dissatisfaction. The same situation is with those important aims, which are substituted for vitally important ones by the society.

Now for our society these aims became very valuable: to get education suitable for the nature of the reason, to find a job according to this education. These aims are important, but they are not fundamental. But we are taught another way round and this is the knowledge that we've got. Then the next important aim is to occupy such a social position that helps to develop your personality in the right way. So social position is an important aim, but it is not a fundamental one. To organise your private life is an important aim but it's not a fundamental aim either.

For example women happen to have such a stress, the stress of the loss of their child. The child has already grown up. Once a lady came to me and said: "I've lost my daughter!" I said: "Did she die?" "No, she didn't. She got married." Oh, don't laugh! It's true. If Mother sets wrong goals, priorities, then she loses her children. Literaly speaking, she starts to consider her children being the main aim of her life, but it's quite natural for a woman, who gave birth. Because when a baby is born, he gives her so much happiness, and she, her reason becomes so attached to him and as the result the person, who can really give her a long-term happiness becomes a background for her. And who is this person? Her husband. He starts playing second-rate roles. Her child is in the forefront, and her husband becomes the background.

And she says to her husband: "That's all, honey, now everything is for our child. Everything is for him! You live for him, I live for him, we all live for him. That's why don't eat the apple, it's for the child." Well, and he almost agrees, but some time later he feels that he lacks something in his life. And so in a year or two he abandons his wife who set a wrong goal: to live only for her child. But the husband cannot even understand why he has left his family. He can only say: "My family life became so dull..." Because he is underestimated, he is not necessary, he became useless. Life seemed to be so fine before, a baby was born and BooM! The family is ruined! Such a family breakdown in a year or two, or maybe maximum four years after the birth of the child is a usual thing in our life. And why does it happen? The cause is that a woman has set wrong aims.

The husband is more important for the wife than the child is. And she must understand it. Because when the child grows up, at fourteen he says: "Chao, Mum! Good bye! I love you. I will phone you." And he leaves, he is not here. And his mum: "Aah!" The tap of happiness is off, as the reason is nourished with happiness received from the aim. She must see him, always hear him, intract with him, love him. But the tap is off, there's no happiness and her life is over. Her life is over and depression and stress come. The person lives in stress, she cannot either sleep or eat. And this state can last for years. These are wrong aims, that bring stress and depressions to people.

And it is dangerous. A man also can be mistaken in the choice of the aims. He works and everything is fine, he likes everything. He receives much money. He comes home from work and his wife says: "Hey,

darling, you're already home, relax! D'you hear me? Look here! Are you hungry?" "Yes." "Will you watch TV?" "Yes." "Will you look at me?" "I don't know." So he is absolutely focused on his work. He has no time to think about his wife, his family, his work is the most important thing for him.

Imagine, he loses his wife. He even didn't notice that she had left him, only some time later he notices that there's nobody to cook. This is a problem too, his life is ruined as the result he's in stress. So there are certain values, that can capture us. For example, young men, a young man of thirteen years old. Every new psychic centre, that opens, captures all his personality, the last psychic centre, which opens at fourteen, is a sexual psychic centre.

And when it opens, it strikes him on the head and he sings:" Where are you, my love? I don't know you and I see you for the first time..." You see, he doesn't need either school or his parents at the moment. The person does not understand anything. And why? Because he is caught in the sphere of a certain energy, which he cannot control. The person goes into shell, becomes angry and interacts with no one. When he is at the top of this feeling, he starts to take in drugs.

Do you understand why it happens? It happened because his system was detuned, because young people must work on themselves at this age. Parents must teach their child to work on himself till he is eleven so that he will be able to stem the onslaught of this sexual energy, to control this pressure. But now people do not teach their children to work on themselves, and as the result they cannot improve themselves. Girls start paying too much attention to their body, so they become attached to their body. This what this sexual energy does to them, they can stand like this in front of the mirror for two hours, looking. And as they are attached to their body they eat nothing to be slim and so on. All their psyche is directed to one idea and they don't have another one. And they start to strangle their parents:" Daddy, buy this dress!Daddy!Dress, dress, dress, Daddy!Daddy, this dress!" And the father runs to buy the dress. So the psyche is attached to clothes, to the body and to everything connected with the body.

The person becomes sick. And why does she become sick? As she hadn't worked out the right perception of values by now. And she cannot understand what is more valuable in life. The girl does not understand that her character features are more valuable, she is too young. She cannot understand it as she thinks that her slim body is more important. And as the result girls want to change their nose, their lips or breasts, because at fourteen fifteen their body is underdeveloped, but they try to make conclusions now what body they have. And that's why they try to change this or that part of their body.

And why do they want it so badly? Because their aim is the body and it becomes the most principal aim. And the psyche suffers greatly. And this happens because children are not taught what they should think about, what is more valuable and what is not. They don't have the right understanding. And this is the stumbling stone, because if a girl is attached too much to her body she stops to develop her character. And as the result she gets into a bad set and so on. Because in bad sets people only appreciate the body,

but not the character. No one needs a character there, she must only demonstrate her physical capacities, and she gets there and demonstrates them. Then she's used there and all her life is ruined.

The same situation is with a young man, he needs to study, to develop himself, to go to school or to the University, he must become a strong personality. And what happens to him? He goes insane, he cannot study, he can only think: "Ksusha, Ksusha, Ksusha!" You see, he has another thing on his mind, he cannot study. His psyche works another way round and it's difficult for him to memorize things. The thing is that everything depends on your aims in life, as when the right aim is chosen, then the life pivot works well. You know, there are small bushes in the forest, they wither and die faster because there's little sun. But trees rest for ages. And why? The higher the aim is, the higher the tree grows, it grows, grows and grows, higher and higher, and eventually it comes into blossom somewhere at the top, where there's much sun. As for the bush, it comes into blossom at once, BAM!, and it blossoms and that's all. But there's too little sun, you see? That's why the higher the aim you choose, the more life and happiness you get. The person gets more possibilities in his life, when he develops himself for a long time. And the person must grow and develop as a personality. He should not stop. And it is very important to understand that right aims change life greatly. But about this theme we'll talk a bit later.

And now we'll talk about the constitutions of the reason and we'll also discuss different aims. Also today I'd like to explain that there are two types of happiness. People strive for this or that type of happiness since their childhood, but the Vedas say that even before the birth, the soul is with the subtle body, the subtle body is in psyche and it doesn't die, it's woven from our deeds and wishes. The wishes we have now create our subtle body for the next life.

In the heart area we have profound memory, and it saves our wishes. For example, a person thinks: "I want to have sex, oh, I want to have sex, I don't want anything else but sex, I want sex and that's all, sex." And so he thinks, and he is always thinking about it, and his wishes are saved, but these wishes must come true, you see? the Vedas say: "It never happens that your wishes don't come true, they come true, but later." The person must achieve this moment when they can come true.

And this desire of sex is an animal desire, not a human one, you see? Such a great desire of sex, of a good sex, this kind of desire is meant for an animal life. I'll explain it to you, it's very simple, and you will understand me. It's very easy to understand it. When a person stores up this desire, then in his next life, as it is his greatest desire, he will be an animal, as animal's psychic functions are suitable only for sex. You see, this kind of body has enormous sexual potential, absolutely enormous!

You see, such animals as monkeys, for example. Why are you laughing? I'm speaking seriously, now in America they put monkey genitals to people, and it costs a lot. And people start having a good life, by

the way. Everything works well, you even do nothing. So a monkey can have a good sex, monkey's sexual intercourse lasts ten times longer than a human does. A monkey can have a good sex five times a day. And it is not exhausted. But to have such a good full sex, you are to be born a monkey.

I'm speaking seriously, this is how the subtle body works, in the Vedas it is called the body of desires. The subtle body is the body of the mind: the wishes, you have, create your future body. So basically people have two types of desires. The first type is the desire of love and the second is the desire of victory, of achievements. Some people want to love and others want to achieve something in life. And so if a person wants love, then he gets a female body. And if a person wants to achieve something, he gets a male body. And this wish is the main type of activity, which a person chooses before his birth. This happens when a female psychic energy exceeds during the sexual intercourse, when a woman loves her husband more. And a man obtains a woman, he obtains her during the sexual intercourse, and a woman loves. And when a woman loves a man more, then a girl enters her bosom, but if a man obtains her more than she loves him, then a boy comes into her bosom. Do you understand that or not?

"Repeat it once again, please!"(from the audience). OK, I repeat it: when during a sexual intercourse a woman loves a man more, write this down, than he obtains her, then a girl is born. If a man obtains her more than she loves him, then the male power exceeds and a boy will be born, you see? "And if a boy and a girl?"(from the audience). Then they worked very well together.

Well, listen further. Now about the birth in male or female body. A female subtle body is already woven from the energy of love, this is the essence, the main life principle of a woman. Her main life principle is love. Though the main life principle in a man's life is achievement. This is the main principle in a man's life is to achieve, to obtain something.

So we are born and we start to grow. And a girl comes to school, and she is said there: "Obtain excellent marks, study how to work in the right way, try to be the best at school!" And what is she taught? They teach her male character features, so they teach her how to achieve everything. But she wants to communicate, to chat with every one, she wants to show her love, she wants to take care of others, she wants to prompt to everybody how to write right or how to do the home task. She takes care of people, but she's said:"It's forbidden to prompt! Study! Think!" Even in our children song the text tells the truth:" What are our girls made of?" They're made of sweets and the energy of love. And boys? Guns, erector sets, do you understand?

And so girls grow. They are not taught to be ladies at school, they are not taught how to treat their relatives, family, children, they are not taught how to behave at work in the female way, so that they do not feel exhausted. But they are taught how to achieve social positions, how to get the qualification, how to work hard twenty four hours a day, how to ameliorate her social status and so on. And a woman starts thinking: "This is what my happiness is!"

A lady comes to my consultation and asks:

- Oleg Gennadievich, what job should I have? - What do you mean?
- Well, I want to know what my vocation is? What job is my vocation?
- Your family is your vocation.
- Oh, you're such a banal person! What do you think, I should stay at home with the child all day long?

You see, this lady must understand it. We can see the situation from another angle.

We have two psychic channels: on the right and on the left. The left hemisphere is linked with a female nature, it is always woven from the energy of love. Here we think and feel. The right hemisphere is woven from the energy of will, here we wish and make solutions. So on the right we wish and decide and on the left we feel and think. The right hemisphere is connected with the Sun, a male planet. The left hemisphere is connected with the Moon, and it is a female planet. These two channels are situated along the spine. "Ida" is situated on the left side, a female channel and "Pingalo" is on the right side, a male channel. These psychic channels fill a person with life energy. But the nature made these channels not equal: ladies have three times more Ida, a cool, moon, female love energy. It cools and calms down. For example, a husband comes home from work, if his wife has strong Ida energy, she looks at him and at once he relaxes, you see? That's true. She doesn't do anything, he feels it at once like: "Ufff..." and he goes to see the children.

If a woman lacks this psychic female energy, her husband comes home from work very tense and says: "Give me something to eat, I feel bad." So it means that she doesn't help him to calm down, he has dinner, but it doesn't help much, he watches TV, but it won't help either, then he takes a shot, and wow, now he is able to relax, if after the shot he doesn't feel relaxed, then he needs a cigarette and that will work for sure. So cigarettes and vodka, these are two drugs that appear as the result when family lacks love. And this is a hundred percent Truth.

And why does it happen? People smoke and drink, because they cannot relax. Wife is the source of love, she sheds the energy of love, like a bulb, shedding light, she sheds love. A man is a bulb, that sheds enthusiasm and energy, gives an opportunity to live to his family. A man is this kind of a bulb, and a

woman is another, she gives love, and certainly we cannot live either without love or enthusiasm. Husband fills his wife with the energy of determination, and the wife fills her husband with love and the right attitude to people. So a woman with the help of her husband can work out the right attitude to fate, the idea what she is to do, where to move further. And wife helps her husband to work out the right attitude to people, how to love people, how to respect and to value them.

And if a family lacks female energy, and by the way there's such a trend in the society, that it lacks female energy, so what happens as the result? There's no right attitude to people, that means that we don't love children, don't respect and value elder people and are not friends with coevals. So the society starts to split up: "We became strangers to each other, and there's only white snow blast around us..." (the text is from an old song) Yes, the society starts to split up, because it lacks female energy. Because what are women busy with now? With their work, they work as men, emancipation. And God bless them, let them work, I'm not against the fact that women work, you see? I want them to be happy, that's all.

So this is what Ida, a female energy is. When it circulates well, properly in the female body, when a woman behaves as a woman, her beauty develops, her body fills with beauty, hormonal functions work well, so she has a good health, she feels being full-blooded and she is happy. So she is a full-fledged person. And finally she is happy at work. But why? As a woman must treat her job as something that brings her joy.

| You see, a man treats his job as something that he should achieve, he obtains it, he obtains his job. A woman must treat her job as something that gives her pleasure and joy. She comes to work and her chief says: "Why are you smiling? Continue working!" And she says: "Yes, sir." And she goes to work, her life turns black.

And why does this happen? It happens as the psychic female channel Ida works worse, weaker. And as the result Pingalo (the male energy) is activated, and when the male energy becomes active in a female body that leads to the fact that her psyche becomes cold and tense, her beauty fades. And beauty is the main female force, that gives her opportunities and power. So she loses her female force, that means that she loses her happiness. She can neither live nor speak properly with her husband, nor with her children. Her husband cannot relax beside her, her children do not notice her and become capricious, her life becomes hard and not interesting. She falls into depression.

So when a lady is too aimed at work, her job becomes her main life target. She was taught this way round, so she looks for her vocation, happiness at work. As the result her male part of energy overworks and she becomes too tense. If we imagine all the energy in general being a life river, and this river has different arms. Woman's life river is love, and its arms are her love to relatives, family, elderly people,

job and so on. Her job should be her hobby, should be something that she likes to do, something very interesting, very pleasant and something that she should not force herself to do.

If a lady loses herself, loses love and starts obtaining things in life, then as the result her life river dries out. And she becomes very tense, dry, she feels there's no happiness in life. Then she becomes sick and tired of it and she comes to me and says: "I cannot work there. Where am I to work?" I mean she found her job, due to her vocation, it is her nature to be an accountant, for example. This occupation suits her, but she has a wrong attitude towards her job, she doesn't treat people with love, she doesn't perceive it as a hobby. To perceive a job as a hobby, it doesn't mean that you work very little, no, you can work much, but the other way round, you should have a different mood. A lady should be gentle and tender with every one, love and make friends with everybody. She should be a woman at work. When a lady has such a mood, she counts and does everything better, you see? But when she's sitting like this, counting, working hard, she becomes exhausted very quickly.

A woman must everywhere: learn Maths, study all the sciences, work. So now imagine you are a chief, you need to fire all the employees except one person, as there's a job cut. And all your employees, ladies are like this, you say: "Why are you late, ah?" "It won't happen again, sir!" And there is an employee, who answers: "Well, I was delayed." And she chats with every one, kisses and loves every one, everybody is good for her, she loves all of them.

Will you fire her? She is the soul of the company, the love of the company, Lubov Stepanovna. So what, will the chief fire such an employee? Is he a fool? There'll be no happiness at work, when love's fired then there's no love in communication. Only dull faces will rest, and how to work with them? Well, if he is stupid, then he will of course fire her, but if he's not, then he'll leave her. You see?

When woman doesn't understand these things, she is not well educated. And when she starts to work, she goes through 4 stages of development. The first stage is- enthusiasm, she believes that everything will be alright there. The second stage- tiredness, she feels that she overloads herself at work. The third stage- hostility. And the fourth stage- panic, she doesn't want to work there anymore, she escapes. These stages normally last from 6 months up to two-three years.

If a woman changes her work every two-three years, it means that she has a wrong attitude towards her labour. She doesn't understand what she lives for. She doesn't understand what it means to be a woman. And it is senseless to seek for vocation at work in this case. It is pointless to think: "What should I do?". Firstly she should understand, that she is a woman, and then think what she should do, do you understand? And it's a big problem. And this woman has problems in family life for sure, her hormonal

functions are upset, because the river of life is dry. It means: no beauty, no family, no hormonal functions, no work. Therefore a woman must think what and how to do in life in the sphere of work.

Man is born to make willful efforts, right? He should achieve something, right? His flower of life should blossom. Woman is born with an already open flower, she should preserve what she has. But a man should grow first and then open up.

Little girls, they know everything. A little boy is standing and a little girl is by his side and her mother asks: "Is Peter a smart boy?" - "No, he's silly." And she tells what Peter is like, she knows it all, although she's only 5 years old. Mother asks: "Is Masha a clever girl? He answers "Yes, mom, she's clever". "And what about you?" - "And I'm a silly boy". So, a little boy doesn't have anything yet. Life is made in such a way that a boy is born without anything.

But a girl has a very developed inner stability. She is inclined to preserve her purity from childhood. Therefore she remembers her childhood, she is trying to keep that in memory, how pure she should be. She preserves it, but a boy doesn't keep anything in his memory. It's important for him to develop, he tries to become better and better. If a young lady doesn't realize it, she has not been taught how to choose a guy. Who does she choose in this case? She chooses a cooler guy. But if he is modest and simply works on himself, she thinks that he's a fool and is not ready.

And she doesn't understand that if she chooses a guy, who is practicing self-cultivation, but doesn't look stylish. He is not a flower in bloom, but he is growing well. She realizes that this man is better, than the one, who has opened ahead of time. Modern society doesn't develop personalities, therefore men are underdeveloped. He should be 30 years old, to be well-developed. But they all get married at 23, 24, 22. He's picking his nose and says: "Mom, I want to get married". "But who will support you?" - "You and father". It means that he's still underdeveloped as a man.

A lady should see the potential. How to determine the potential of a guy? One should look at the way he cultivates himself, how he gets up in the morning, whether prays. Does he go to church, are there any interests, besides the street or not. In general she should pay attention to the fact: how much he cultivates himself, if he has interests and aims in life. She should find this all out and it can help to determine his potential. If she finds a guy with a strong potential, she won't recognize him. He'll be a totally different person in 5 years, he will blossom like a flower beside her. And he will be a very good husband. And this lady should water him with her faith. There is a nice cartoon on this topic. It's called Chivlia, an old cartoon. A sparrow flies to another sparrow and she says: "Chivlia, Chivlia, Chivlia". It means "You're clean" in the Armenian language.

So it is essential for a wife to say to her husband that he's the boss. He's the chief, he's good, everyone needs him, he's very strong and developed. A man should be watered with this. But what does she say instead? She says: "Oh, you're my silly billy". A woman has this power of blessing, she cannot direct the power of transformation inside herself, she directs it to her husband. This belief is innate in a woman. She looks at her husband and says: "My husband is a very wilful man". And her wilful husband is lying on the sofa, relaxing. But she keeps saying: "My husband is a very wilful man!" And she says to every one that he's just ill now, he's green and stinky, because he's ill. But when he gets better, he'll become soft and fluffy.

She believes in him. And he does get better. From green and stinky he turns into white and fluffy. It's a 100% fact, if a woman is strong by nature, her female traits are well-developed. She makes a candy out of her husband with her psychic. And he gradually changes. If she's underdeveloped and says: "You're my silly billy." And if he's a smart man, let's say, he'll become a fool after all. He has no chance.

There is a research, a dissertation on the influence of woman's attitude to man and his relations at work. It turns out that, the way his wife sees him, the same way he is treated at work. Let's assume that he's a director at work, but his wife doesn't respect him, his subordinates won't respect him. They treat him the way his wife does. If, for example, his wife cheats on him, his subordinates will start cheating on him too. And he doesn't notice it, because he gets used to the energy of deceit. What comes from his wife, happens at work.

Therefore, development of a man, man must develop from early childhood. But what do we do? For example, a boy is studying, he wants to go here and there. His parents say to him: "Sit down and learn maths". One mother has come to me recently and said: "My boy is so goofy". I ask: "What is so goofy about him?". "All he thinks about is hockey. I tell him, sit down and learn maths, but he says: "No, I wanna play hockey". I ask her: "How is he in hockey?" She says: "Well, he plays for the city team". Can you imagine, this boy is only 11 and he already plays for the city team. So I tell her: "But your boy is talented. Give him the opportunity to play hockey". Let him play hockey every day and study maths a little. He will be a good coach. But she asks: "And what about maths?" "Maths is a seal, a stamp in your brain. And do you know why?". She says: "No".

Let's analyze, it turned out that her father was this and her grandfather was that. You see, there is a seal (cliché) in her brain what her child should be. But her child is a hockey player, because the fate doesn't choose. It gives birth to those who need it. You get what you are supposed to get. And you can't do anything about it.

I will tell you a story right now, very didactic. A boy really wanted to become a driver. But his parents were engineers, it was about 30 years ago, it was very prestigious to be engineers at that time. The boy was to become engineer, but he wanted to be a driver. And in the end, he was forced to enter the University and he had a very deep nervous break-down. He started to drink heavily, and he went to work as a driver, but because he didn't develop this trait in childhood, he couldn't become a good driver. He continued to work and started to beat his parents, because they spoiled his life. He was fired in the end and became a total drunkard. His mother ran away from him, and he simply jumped off the 2-nd floor in a drunken condition. This is his miserable destiny. And why was it so miserable? Because his parents were die-hard. They didn't know that child upbringing is not pointing his nose in something. If he is inclined in such a direction, you should let him go in this way.

You understand, that when parents are die-hard, they want their child to be what they are. They consider their child to be their own blood, but they don't understand that he has his own character traits. These children grow up moral freaks. They're not able to understand how to live. Such young people come to me and ask: "What should I do?" I say: "Are you interested in anything?" - "Well, I have been interested before, but now I'm not." "But why?", "I don't know why". They have fought off all their interests.

So a child should be given the opportunity to open up. And a man should be given this opportunity. To open up means not to obstruct his psychic development. Because girl is woven from purity, so you can't punish her and act rudely beside her. You should be very gentle, careful and solicitous with girls. And you can't withdraw a boy if he's very affectionate about something. Let him do what he wants, you just need to send him in the right direction. He is very active by nature. He wants to achieve something in life.

This is the difference in constitutions. If you don't give a man the opportunity to develop in his direction, he will become inert as a result. He will receive female nature. His psychic will start moving by the female channel - ida nadi, not the male - pingala nadi. So a man will have female inclinations in this case. He wants to stay at home, cook, sit, tidy up. Talk to friends. If this energy flows by the female channel too much, then he will become what is known as a major part of young men in America. It is called "Who to choose" and this already is a problem, a disease.

There are two types of gay people. One type is directed to men, like to women and others are directed to men like men. Both of these types are connected when the psychic energy starts to flow by the female channel more than necessary. The same with women, if energy starts to flow by the male channel more than necessary, she starts to get attached to women. Why? Because she lacks female energy. Although she has this female energy inside of her. It's a very big problem, this person doesn't realize his/her vocation. His psychic is woven in such a way, that he has trampled his energy and starts to live in another way. And it all tumbles.

And, for example, a man came to me and said: "I'm kind of fond of men". It's not funny, it's a disease. And I said to him: "You are ill, do you understand? You are ill and you need to get over it. Just be patient and create a normal life. You need to redirect the psychic energy to the right channel or your life will be ruined." And he realized it and went away to struggle. It's a very hard disease. It's the disease of society, that can't bring up children normally.

The next moment I would like to explain. There are three types of reason. One is when the energy of reason comes from the forehead. The second comes from the heart and the third from the coccyx centre. And these three types of reason are very important in our life. Those people, whose energy comes from the forehead are very inclined to apprehend this world. People, whose energy comes from the heart are willing to develop as personalities, to develop character traits. And people, whose energy comes from the coccyx centre want to express themselves in this world very much.

Thereby, according to these three psychic centres there are 4 constitutions of the reason. The first type of constitution of the reason is people, who have only this centre active. These people in the Vedic constitution are called brahmins, people, who are inclined to study science, teach, be lawyers, doctors etc. People, who study the art of living and explain it to other people. It means that this psychic centre works the best. It is the centre of acknowledgement of this world.

Then, the second constitution when two centres are working actively at the same time. But the lower centre is working more actively. In this case a person develops character traits. He wants to be a respected person. And he gives people the opportunity to develop, protects people from their drawbacks, from negative character traits. This person develops his personality and gives the opportunity to develop to others. This constitution is called "rulers" (kshatrii), people who are inclined to rule in this world. These are all types of managers, bosses, police, soldiers, army, etc.

With accordance to the level of development a person holds the according position in the structure. Very developed hold higher positions. For example, when this person stands in front of others, people fill up with enthusiasm and a feeling that we should listen to him. For example, Lenin. Hitler did the same thing. It means a very developed personality in this sense, people follow them. Alexander the Great took his lance and the whole army followed him. It means a highly developed personality.

And let's assume that when Brahma is very well developed, a person becomes very powerful. A person comes to him and he tells his fate, by looking at this person. Then this person does something wrong and he says: "You will be living in poverty for 5 years". And he lives this way, no matter how hard he tries to live differently. Why? Because he is punished by the power of the law of this world.

So what is the development? The development is, let's take the brahmanical constitution for instance, this person should be very honest. He should never tell anybody lies. He should always show the example of striving for the Truth. He should be a very compassionate and taking care person. He should show the example how to keep within the rules of this life. So he keeps within the rules and punishes those who don't.

Then the next constitution is, when two psychic centres work: the heart and the coccyx centres. But the coccyx centre works more intensively. In this case a person has two natures. He is creative, he wants to create and at the same time to manage the process. But he cannot manage people, because this centre is not basic in his nature. So what can he manage? He can manage business, animals, mechanisms, machines and so on. Such people become businessmen due to their nature, people who gain money. So their nature is like this, and their temper is like this, they want to do it. And the development their personality is that they must fill people with abundance. And their basic character feature is generosity. They should study how to give back.

There are a lot of trainings and seminars on business, they learn the mechanisms of cash flow and etc, but only if they knew the laws of wisdom, then they would understand what they are to study. The law is very simple: if a person is incapable to give back, he cannot become a businessman. If he's not generous, then he'll establish relations with greedy people, and these people will lie to him, let him down and he won't have any money. For the most important thing in business is to establish relations with those people, who are able to help you. And if you cannot help people, you won't find these people.

You see? This is the basic business law. A person creates a team correspondingly the same. That's why generosity is the base of all the businesses. And in the Vedic culture when businessmen were taught, they were taught to make presents, to give back and to be attentive towards people. The basic feature of a businessman is the ability to foresee the blow. If he sees, for instance, that a person is greedy by nature, then he should not do business with him. This is the most important quality of a businessman. Two qualities: an ability to give back, to give back also means to invest money into business, to pay salary, as if you don't pay salary, people won't work. Who'll be the first to quit? The best specialists will. And why? Because they value themselves most of all, they know what they are to have. Do you understand?

If a person is greedy, he doesn't want to pay the specialists, then the specialists leave, and only such people rest: " You need to sign the contract, will sign it!" And a million dollars loss after the deal. The stupid stay only. And why? Because they can work for this money, no problem. If a person cannot give back, he cannot do business, because he cannot invest money into it, cannot pay the salary. Thus the employees are not united, and they run away and everything ruins. He isn't attentive, he doesn't see honesty, honesty in people, decency, benevolence, generosity. He doesn't see these qualities in people, then he'll make mistakes.

So it is impossible for you to identify whether the product is of high quality or not, all the same there'll be always something of low quality. This is the ability to get liars around you. What is the crux of the matter? The thing is that they need to palm you off a low-quality product wisely, you see? So that nobody notices it. This is the science now. And all the world is filled with such products now, products of Lie.

Now there'll be a publicity of butter. Once a colleague of mine brought me two brands of butter "Vologodskoe" and a Swiss one, or a Dutch one, I don't remember. And I say: "What have you brought? Look at it!" He says: " But look, the Swiss butter smells better." But I see that it's a fraud, as I can identify the product, I can identify where's a cow butter and where's a mix with different fillers, colouring agents, flavourings, you see? All this stuff harms our health. And now we eat it as the odour is good, you see? The problem is that we've lost the ability, business develops in the wrong direction, it is not based on honesty, it's based on a lie. Do you understand it? That's why everything is being ruined, as the basis for business is wrong now.

It is such a business structure now. You see? Everything is made with the help of a lie. And hypothec is a complete rubbish, it's a pure lie. A person is given what he does not deserve. It means that either he works very hard to pay it out, and actually simply ruins his life because of it or he is not able to pay it out and it's taken away from him. And that is what the hypothec is. And you know where the free cheese is? It's in the mouse-trap! A person wants to gain happiness not with the help of labour, but with the help of a quick action, you see?

The Vedas describe that there are three types of happiness: happiness in Grace, happiness in Passion and happiness in Ignorance. But how to distinguish one from the other? Happiness in Grace is bitter in the beginning and then it becomes sweeter. To get happiness in Grace, you should first work hard and then you'll get the result. To establish gracious family relations, you need to work on them first, and then you'll get the result.

As for the happiness in passion, at first it's sweet, and then it grows bitter. For example: we take a house on credit, then we are to pay it out and if you've chosen a house that is too expensive, then you'll ruin your life. And basically people take on credit what they cannot afford, as if you can afford it then why do you need to take something on credit? People want to take their dream on credit, you see? But the dream means passion. And this person gets a bitter fate. But why? As he'll have to work too much for this house, too hard to pay it out, so that can ruin his health and life.

And as for the happiness in ignorance: it's bitter from the beginning to the end. But the person lies to himself, he does not see it. So what is an ignorant happiness? It means to lie, to rob, when a person

robs, is he happy? No. No, he's afraid of everything, it's difficult for him. When a person robbed someone and got the money will he be able to manage this money wisely? Will he be able to keep this money? No. Stolen money has different nature. The money, that is kept in the family is earned by calm and honest labour. This kind of money is viable and heavy. But the stolen money is light, because the person didn't feel its weight. He received it at once, and it's light money. The lightest money is bonus money. When a person values money then he can save it. But if he does not, then he won't be able to have it.

So these are three types of happiness. The first type: at first it's bitter, then it grows sweeter. The second type : at first it's sweet, then it grows bitter. The third type: it's always bitter, but the person cannot understand it. For example, at first we work on the relations then we make a family, and what we've got? We enjoy our family life! Or at first we enjoy love then we suffer. The third variant is simply perversions, not more. No family at all, only a civil marriage. Is it a family? Is it?

If it is a family, then explain to me, why people are afraid of getting married? Or they are not afraid? They are brave, but they do not go to the registry office, what's the problem then? The thing is that they don't believe each other. There's no other reason.

So there are these four types of constitution, they do not change through out the life. So I've told you about the third type, now let's talk about the fourth. When the chest reason centre works weaker than the low reason centre, a person as the result is good at art, he wants to create, he wants to make everything by himself. These are people who like different types of manual work. They don't like to do business or to manage people, or to reflect upon something. They simply like to live in this world and to work, you see? They are like this.

And the most important character feature of these people is the ability to respect those, who gave them the job, to respect their chief. The second character feature is the love for their work. They should love their work and should not think how much money they'll be paid. When a person acts this way, little by little he'll achieve great results. You see, he develops his personality, becomes a good craftsman and a respected person.

So initially all these categories of people should develop in the right way, they should make ascetics and it's hard for them but afterwards they achieve success. And when they make the ascetics they are happy, as they move in their own direction. The Vedas say: "It's impossible to change your constitution." It's the same as a woman cannot become a man, though in Thailand they found out that it's possible, that a man can become a woman. And though they have found it out, anyway those women look as men wearing skirts. When I was in Thailand in such areas, where there are many restaurants, I saw a Thai lady, but in fact that was a man. I'm able to see the subtle body and I thought: "My God, what's this?" At that time I didn't know that such a thing existed. You see, there's a lady, but her psyche is absolutely masculine, because you cannot change the psyche, you can remake the breasts, inject different hormones, but it's impossible to change the psyche, you see? It rests masculine anyway.

A man behaves as a woman, but he'll never be a woman, as his "subtle body" consists of the "to-achieve-everything" energy . You see? It does not consist of the energy of love. Or I've also seen, a woman who tried to become a man, but you realise that she's simply a woman with a masculine appearance. It's impossible to change your body, as your constitution does not change.

So there are only four types of psychoconstitutions and there's no other. But if a person cannot understand his constitution, then he must continue to develop himself, and he'll understand it with time. But nowadays many people even know their constitution, but their aims are different. For example, someone is a scientist. So what are his aims? His aims are to work on self-development and to give people knowledge. But now what do scientists work on? They work on their dissertations. What can they give people? They can only give this unrealized part of their life, the level of self-realization that they were able to achieve, that is what they can transmit to other people. Do you catch the idea? What they have inside of them, they can transmit. And the fact is that now scientists try to write this dissertation by all means, sometimes it's even not that important if it coincides with the real facts or not, the science makes it coincide. And afterwards they teach people. This is a real problem.

For instance, Darwin's Theory of Evolution is taught in every school, that a human descends from a monkey. Just imagine, it's a very interesting thing, tell me if a Crop-duster can become a Boeing? Imagine a Crop-duster is flying and flying and there are some deformations in it, and BANG! In a moment it's already a Boeing! That is real magic! Can it happen? No? And if a Crop-duster won't fly for a long time? It will turn into a lot of iron scrap , that's right! In this world we don't see such processes anywhere, such processes when something more intellectual descends from something less intellectual as a result of some chemical reactions. You see, if someone hits you on the head, you won't become wiser.

And now just imagine the situation: Darwin was thinking and realized that when a monkey was running all around, little by little as a result it transformed into a human. You see, Darwin simply did not study the Vedas, he didn't know that monkeys don't have the reason, their reason is in the embryonic state. Their psyche has a completely different mentality. Monkeys' speech is composed of emotions, it's not composed of sounds. Our speech is composed of sounds, because we have the reason. A sound can function only in the sphere of the reason, it cannot function in the sphere of the mind, you see? A tree, for instance, a tree cannot turn into an animal, because the energy of the mind does not work in trees, as they don't have it. And nothing could be done with it.

Well, for example, you've decided to explain the multiplication table to a dog. It will stand and look at you: " Bow-wow-wow". It won't understand as it does not have the ability, as animals pay attention only to emotions in the sounds. When you call it using a special intonation, then it'll respond, but it will respond only to the intonation. That's why if someone calls it using the same word but another intonation, then it won't respond to him. You see? It reacts only to emotions, because its language is the

language of emotions. But why does it happen? For its mind doesn't contact with the reason, with sounds. The same thing is with Cropdusters and Boeings, they have different systems and they work differently.

And a monkeys' system is made the same way round, that's why it cannot transform into a human, you see? As it does not have any extra potential. The same thing is with a cell, it cannot appear on its own, as a cell is like an enormously large city, which has all the structures and everything works there synchronously and precisely. An academican in America, after he studied a cell, concluded: " I will believe that a cell appears on its own only in one case: if a thousand of Boeings in the airport appear and fly into the air on their own".

You see, in fact that's impossible to create only one part of a cell. It won't work, because it's important that everything appears at once, if only one part does not appear, the cell won't survive.

But Darwin was a good man, he was clever, he understood that such a thing as evolution existed. Sure the evolution does exist, but it works another way round. There's progress but from one form of life into another, and it does not take place within one form. For example, a monkey got fed up with its monkey life, and so it decides to develop, then it has the opportunity to develop into a human. When someone, for example, wants to cognize the world and animals, he receives a human form of life. So to be able to get a human form of life to cognize the world, a monkey should have another way of thinking, mentality, another perception of the world, and this can be gained through the contact with people. If a monkey interacts with people, it sees how they live, and it has a desire to be like they are. And as the result it'll get a human body in the next life. That's how it works, you see? The existence of more developed forms of life determine the progress of less developed ones.

The same thing is with the consciousness, let's say, a person does not know how to live in the right way, then he interacts with the person who knows it, and the knowledge is transferred in the same way. That's how this world works. And the Vedas explain it. And you know, there are a lot of scientists, who know that there are a lot of artefacts, that prove that a human did not appear a hundred thousand years ago, but three million years ago. They found a human finger at the excavation in the three million year layer of the soil and x-rayed it. The x-ray proved that it was a human finger, not a monkey finger, as there's a special pattern to determine the human finger structure from the monkey's one. But this fact does not coincide with the scientific data, and they laid it aside. You cannot write a dissertation on it, then who needs this finger? Let it lie there.

One more thing. Dinosaurs appeared five hundred thousand years ago. Homo Erectus appeared a hundred thousand years ago. But somewhere human and dinosaur footprints were found in the same layer. Because of the cold snap these footprints stayed forever as an absolute evidence.

So people discovered this fact, and a scientist examined and described it, but soon he was deprived of the Degree level, as this discovery did not coincide with the state of things. This is how the science works, you see? It works in the direction of people's interests. There's no honesty. But why? As dissertation, social status and so on are the basis of modern science. But this is another topic to speak about. I just mean that we all are underdeveloped. A scientist cannot be happy being a scientist, as his nature is to give people true knowledge and his joy is to see people growing, changing, this is the real happiness for a scientist.

If a person is a leader by nature, he's happy when people around him are safe and when he takes care of them. And people are also happy to see how he takes care of them. So these are harmonious relations. He's very respected and people appreciate him: "Our Father! Don't leave us!" The person, who really takes care of his people, is like a father to every one, people love and appreciate him very much and they don't want something bad happens to him. And if he's put in hospital, they all will pray God for him, so that he'll recover, you see? This is the happiness of a real leader.

If a person is a real businessman by nature, he backs up homes for elderly people, orphanages, temples. And he is happy when he sees that his investments make the society prosper. He is not like a bag filled up with money, filling, filling and then Bang! Explodes! But he fills in everything around him, the Vedas say that money brings suffering when it's stored. When money is given to somebody, then it brings happiness. If a person saves money, what happens to him? This money attracts attention of vultures. And the whole family, friends, colleagues, employees turn into vultures. They are waiting for the chance to peck his meat, his money. And it's painful for him, he's afraid of all of them, of his relatives, of all his nearest and dearest. You see? This is the life of a rich person

Such people sometimes consult with me. I tell them about my life, and so do they, they tell what a happy fate they've got. You see?

And now let's pass to the fourth type of psychic constitution: workers. Nowadays people of this category work only to make money. They spend eight hours per day waiting for the end of the working day, till their working hours are over. And they suffer enormously, as they do not understand why they are working. Their work must bring happiness to people. And this is real happiness for them, they cannot change themselves. Their happiness is to do something and that something should make others happy, so that people look at it and are glad. There's no other happiness for this type of psychic constitution.

Once I was going by car, and the driver was a rather elderly man, about sixty, he was very happy and satisfied. On our way we were chatting, and when we passed one house, he told me: "D'you see this house?" I answered: "Yes, I do." "I built it!" Some time later, passing another house he said: "I built this one too!" And I felt that he was very happy, imagine, he drives around Moscow and sees the houses he built. He's happy. But why? As he lived his life not in vain. He gave his energy to people, who live in these houses. You see, he thinks about these people and he's happy that he did it.

This is what a human life is. Do you understand? Every man should be happy in his life. But our society has absolutely different principles. So, how can a person find his place in this society? How can he become a really happy person? There is only one way: to learn how to live right and to do this against all the odds. Despite of everything what is going on in a wrong way. If you should become the right person then everything around you will also turn right. If a director behaves himself in a decent way despite of the fact that his subordinates are wallowed in ignorance. He will suffer a little bit, but constantly he will learn how to hire people and then he will become a real director. A real director means ability to see people, ability to teach people and ability to keep people. All these abilities are constantly developing in a man if he goes the right way. And one day he is able to create such a team where he will be happy and where people will not cheat on him. All shallow persons will leave, they will not be able to live in such a team. If a man wants to carry on business, then he will find decent friends and he will carry on business with them. No default will touch him, maybe just his economy will be a little bit worse.

But let's suppose that a man lives alone. Will inflation damage him? Yes, his life is hard. If a person lives with his family, then how is he doing? Also, hard, but better because they help each other. Suppose that a person lives in a village where people are living as in a big family. Will inflation damage him? No! They will cultivate fruits and vegetables themselves and they will survive and everything will be fine with them. If one of them needs a house then they will gather and build a house together. Then they will build a house to another one, and so on. A good system.

Do you understand, that if people are living together in a village as a big family, then they will survive. Let's imagine that the whole town is living as a one family. It is a tale, of course, but I am telling you important things. Why inflation did not affect India? Why did it didn't affect China? Do you know the reason? The reason is that their family relations are very strong. I visit India quite often due to my business. Three generations can live in one house. They live quite happily with their neighbours. And they are very happy. They also work together. They have big families, many relatives. They are very close. They help a lot each other.

How can you break them? If one of them is in trouble then all the rest will help him. And he is strong again. Is it possible here? No. If you want you can try to make business with your relatives in our system. They will break you and divide everything among themselves and they won't leave you anything. Why? Because it's our culture. We cannot work this way. first we should change our consciousness, we should

grow out of this first and only then we will be able to work with our relatives. Do you understand? It's dangerous if spouses work together here. I've given consultations to many couples. When they start working together their family relations get worse. They begin to treat each other as co-workers. They can't understand what family relations are. They don't understand who is Wife, who is Husband. And people cannot co-exist in this situation.

Why? Because we do not have the culture of such relations. This is the vocation of a person. For example if a person is young then his vocation is to respect elder people. The Vedas say that there exists a quite and imperceptible way of knowledge transfer: from one person to another. And it's transferred with the help of one definite mechanism: if one person starts to respect another person with all his heart. Then the knowledge goes from the respected person to the person who holds respect.

And this happens absolutely imperceptibly. Knowledge means potential power. Knowledge does not mean that he knows the multiplication table. To become Lomonosov one does not have to know everything what he knew. One should just receive this inner power which will attract him to this knowledge. Why, for instance, Beethoven became Beethoven? Because he had a very strong wish to be him. This strong wish is very hard-hitting thing in our world. Why Michelangelo chiselled for 14 hours with his hammer and then he created so amazing sculptures? Why did they bewitched all the world? Why? What's the reason? It's not because a brick has fallen on his head and he suddenly became Michelangelo, but it's because he got it from someone. Do you understand? He received his psychic power into his reason, that taste of happiness and this enthusiasm. He contacted with the source of the energy which shaped his personality.

Do you understand, this is the method. If you want a child to learn something, then you should introduce him to a person who can already do it. Then you should make your child respect this person and believe in him. And the power will come to your child and in five or six years it will make the same specialist of him or even a better one. Because if he gets it in his early years then he will be better developed in this sphere. A real pupil should become more skilful than his teacher. But our system of education is based on other principles.

Once a mother with her son visited me. I asked who his teacher of mathematics was. He asked me again: "Ah? Maths schoolmarm?" I replied: "Yes, your 'maths schoolmarm'". He replied: "She is like this and like that, my maths teacher." I asked: "Do you enjoy mathematics?" He replied: "Why should I enjoy it?" Do you understand? A person can not transmit the brains with maths together, the only thing he can do is to make students remember formulas. But these formulas will soon be forgotten. Why? Because mathematics should be transmitted via taste. If a person has taste to study all this, then he will study it himself. He won't need his "maths teacher", she just gives the taste to this process and he will continue on his own. To teach a foreign language a teacher does not need to make students learn words, she just needs to transmit the taste to this language, so pupil's heart will burn with love to this

subject. This is enough. He will speak it in several months. He will try to speak this language. Do you understand? This is the law. This is the principle of getting knowledge.

How should we get our knowledge? Knowledge should be imparted to the reason. Because it's the reason that is the real possessor of knowledge, not the mind. But how do we usually get our knowledge? We receive it into our mind, we drill it. And it is stored in our mind. We are not interested in it. Let's suppose, a psychologist learned all psychological laws. Then a person comes to his office and tells: "I feel bad. My wife has left me. What should I do?" The psychologist looks at him carefully and tells: "Do you see, you are anxious?". The patient replies: "Yes, I see." The doctor says: "Relax, please. Nothing bad. There are many other women. Do you understand? Just relax and think positive." And then this man, if he is smart enough, he will fasten this doctor to the chair and stick a needle into doctor's ass. The doctor: "Ahh!". The man: "Relax, everything is fine. Think positive."

Do you understand, when a person feels bad, he can not relax. This advice does not work. Why does this doctor advise this way? Because he does not know life. He does not know the laws of life. He does not understand that he should explain to the patient what happened and why, - this is the first point. But it is not enough. There is analytical psychology. It can explain why it has happened, this is a fact. But this is not enough. The person should be given a practise, an ability to change himself. And only this will work. But psychologists do not agree with this because it steps over the bounds of psychology, it is closely connected with religion.

Because all practices of working on self-improvement are connected with certain spiritual activities. They are not connected with psychology. Psychology gives only a game, a training, it is all made of game. But religion does not play. Suppose a man comes to his son and asks: "Do you believe in God? No?" The son replies: "No." The the father tells: "Sit down and pray. You will start to believe constantly." "How much should I pray?" "Once per day, for two hours." "Are you serious? When will I live then?" "The time when you pray is a real life. All the rest is nonsense." He thinks: "They are schizophrenics." And then, when he faces up the crisis, he enters the church and sees that they prayed and they are still praying and they are happy.

Why? Because they have great inner power inside. Very big power. Where does it come from? It comes from the sound. The person repeats: "I wish happiness to everybody. I wish happiness to everybody. I wish happiness to everybody." Then in a year happiness comes to him too. Can you imagine such an amazing thing? If he constantly thinks about God, then in about a year he begins to see everything and perceive. This is what the vocation of any man is. We should understand not how to avoid difficulties but how to become happy. Do you understand? Our vocation is to become happy. And a man should become very observant to understand if he is happy or not. Do you understand? Very observant and attentive.

A rich man: "I am attracted by money." As this urge appears since his birth, you cannot do anything with it. There are four types of people, four types of psychical urges that destroy our life. The first type: a person who is a scientist by nature. What is his urge? He longs for glory, for scientific degree. He wants to become a star in a science. He has a strong inner desire. He wants this result, do you understand? He wants to become a star. He must overcome this desire. Instead of this desire the person should try to learn where the truth is. Because when a person sees where the Truth is, only then he becomes a star of science. There's one wish: to pick fruits, but there can be another wish: to grow a tree and this tree will bring fruits. You see, when a person wants simply to pick fruits then he picks them from the air, he just creates an insubstantial life, an illusion to himself.

A woman wants to get married. What does she want? She wants a man. This is the only wish in her life. But if she develops herself as a woman in the right way and if she has a possibility to get married, so if she develops herself as a personality and she develops herself to the degree when she is able to find a good man. And he comes on his own and has no way back, because it is happiness and nobody refuses from happiness. Do you understand? The same thing is with a man who begins to see the Truth. No matter if he has scientific degree or not people will take him as a scientist. They will really take him as a scientist. Degree has no practical importance. The main thing that he should see it and understand.

Tell me, if a man is a real director, what does he want? He wants power and he strives for social status, he wants to manage everyone. He wants to be the chief to control everybody, to oppress people. He wants everybody to obey him. He wants to possess power over those who do not obey. He has a great inner desire, he wants this very much. But what should he achieve? He must overcome this desire. He must achieve a great desire to take care of people, to help them in life, to develop themselves as personalities. Do you understand?

When a person really achieves these qualities in life then people see him as a leader. They want him to guide them. They like to be beside such a man. Do you understand? To be with a person who thinks about you and takes care of you, it's real protection.

The third type is a business man. What does he want? He wants money. He has no other happiness in life, he wants money, money, more money and much money. But what should he learn to do? He should learn to give away this money with love. Do you understand? To give away, to make donations to some projects. For example, how can I understand if I should sign a contract with this person or not. What is the best way?

You should study his life and understand what he does in life. If he grabs, grabs and grabs everything, then should we sign a contract with him or not? No? He will grab something from you, also. But if you study him and suddenly see that quietly he makes donations to orphanages. You come up to him and

ask: "What business do you do in the orphanage?" He replies: "How foolish of you! This is not business, this is my life. I run my business to give food to children, so they can eat, do you understand?" Then you should work with this person, he won't fool you. But all businessmen are inclined to make profit out of each other, but this is quite normal, do you understand? He won't take more than he should take, otherwise you can come up to him and ask: "Ah, what are you doing? You are making a fool of me." And as he has conscience, he will reply: "Good, I agree. Everything will be all right."

Do you understand? If a person is a businessman then he has a bent for making money. He has an inclination to deceive. If a person is a leader then he has an inclination to punish. If a person is a scientist then he has inclination to hold a certain position in society. But this inclination is not the foundation of life, you see? If a person has a right aspiration in life and he understands what follows what, then he develops as a personality. We all want to get fast results and there is the rub. To become a businessman one should develop himself as a businessman. He should run his business fairly. And what will happen if you run your business fairly today? Nothing will happen. What is our world woven out of nowadays? It is woven out of deception. Only deception.

And then the person begins to study it thoroughly. He looks who is a good partner in business and who is not. He finds several good companions. And here is the idea of successful business. One man cannot run business without a team. But the team is good only when the leader is good. When he is able to do right then he can create a team. But first, you should develop good qualities. Years can pass till you create such a team. But when you create it, you will cope with everything.

There are successful companies. What do they have in common? Suppose you just enter this successful company and what do you see there? People value and respect each other. This comes from the leader, from the businessman who created and woven this power around him. As soon as he leaves everything will be ruined. And another person who possesses the same qualities should be a leader there, otherwise nothing good will come out of it. The system works only with a developed personality.

If a man is a worker by his nature, then what is he inclined for? He wants rest and calm, he does not want to work, he does not want anybody to push him. He wants money and he does not want to work at the same time - that is his desire. He wants this job from the very childhood. But what should he learn to do? He should learn to be happy in labour. He should learn how to enjoy doing something. This is his vocation. But this energy I have just talked about is a definite type of energy. It makes a real scientist from a scientist. It makes a careful man from a leader. It makes a lavish and attentive man from a businessman. It makes a man who enjoys labour from a worker.

This energy, which allows a man to become this or that type of person, comes from God. It doesn't come from inside. If a man wants to become this type of person then he should develop his reason. He should work on his reason. There are different methods to work on it. Suppose, you do not believe in God, well, nothing bad. But you should believe in something. Believe in justice in the world, believe in happiness. Repeat: "I wish happiness to everybody." Let's suppose you believe not in God but in the universal reason. The universal reason also exists and it is described in the Vedas. When the universe was being created, the first thing which was created was the universal reason. It is described in the Vedas. Do you believe in the universal reason? Believe in the universal reason. But you should make some tuning, pronounce something to get this tuning. If a man does not pronounce anything then he does not develop. Because a person always develops when he pronounces something.

Let's suppose you love somebody. But your love won't develop, your relations won't develop if don't repeat the name of your beloved. In order to develop your love the person should repeat the name of his darling. He repeats: "Sveta, Sveta, I love you, Sveta." He always repeats this. And Sveta will come to him. Because this repetition pulls her to him. This is the power of the reason. One should repeat. One should not keep silence. This is the principle of the reason development. Do you understand? The person should always repeat: "I wish happiness to everybody." He becomes positive and so on.

This is the idea. What are we up to in this world? We are always looking for something new. We do not repeat anything. We read one book, then the second, the fifth, the tenth... We browse Internet. We look at pictures: the first, the second, the fifth. We do not want to stop at anything. We watch one film, then the second, the fifth. We look for something and do not stop. It is called the work of the mind. It does not develop us but it ruins our life. Let's suppose that a person reads one book aloud every day, for instance, the Bible. Let's now suppose that you repeat every day: "Coca-Cola, Pepsi-Cola, Pepsi-Cola". Will your brain develop? No? Nothing will grow, because it is a foolish sound, it does not possess happiness, it does not have the power inside. If we repeat, for instance, "I wish happiness to everybody" or if we pray aloud or read the Bible (the book that can be read for a whole life and you will always find something new and new there). You see, this is what the work of the reason is.

When you get used to this work then your life will change. When you get used to wake up early in the morning, your son will tell you: "Let's sleep today a little longer: variety is useful." The reason will say: "No! Get up!". And you will feel the taste to get up early in the morning. You get up and you think: "Oh, God! It's so wonderful that I have learned to wake up early!" When you learn to eat in time, but not before going to bed. When you eat in the morning and you feel lightness by the evening and you go sleeping relaxed and in a good mood. You won't have nightmares. Do you understand, happiness comes as the result.

Suppose, a person understands how to love right. Male and female psychic is created in such a way that a woman loves doing something what might be an unbearable suffering for a man. Suppose he has presented flowers to her. For the first time. For the second time. And then she looks at him and asks:

"When will you bring flowers to me?" And he feels miserable. And life becomes harder. But you must do it. Because this is love. So, he brings her flowers and she looks at them, smells them and says: "Why are they not white today?" He replies: "Well, I will manage white next time, darling." So, he tries to do his best, do you understand?

The same thing with women. The main thing in relations for a man is when a woman considers him as a senior. But she does not want to consider him as a senior, but she has to. She tells: "You are the best, you are the most courageous, you are the cleverest." He asks: "Who? Am I clever?" She replies: "Yes, you are. And nobody else is." This is to be done. Because this what the love is. And in order to learn doing this, one should develop his reason. Do you understand?

Now our lecture comes to an end. Unfortunately, I began to chat and I have not read your notes. "The Vedas say that bride should be chaste before marriage." Did a man write this? "And what will happen if after the marriage they are sexually incompatible? What should be done in this case? Does it influence our health and moral state." I explain. Imagine two crazy people have been brought up without love. They do not know what love is. They are not attracted to each other in sexual sense. And they make up their mind to get married. But they do not know what love is. But they need to live somehow. And they have registered their marriage. And then it turns out that they should love each other. And there is compatibility.

I will tell you a little secret. If two persons understand what love is, if they understand it deeply, then this understanding of love provides happiness without sexual relations. Because sexual relations are like a pumped over ball. What should we do? We should release it a little, so it blows off a bit and it will be calm down.

Do you understand? When people are not able to exchange love between each other, then the only opportunity to make love is to make sex. It happens easily. This excessive passion to sex comes from inability to love each other. Do you understand? It happens because of an inability simply to exchange this energy with each other. We didn't learn, we have no knowledge how to do it right. When people know these rules then they develop relations naturally. And they feel quite happy with each other, you see? They just feel good with each other. This feeling: "I feel good with you when it's snowing and when it's raining hard..." This feeling means sexual compatibility. Do you understand? And this feeling occurs during sexual intercourse. It's simply very concentrated. Do you understand? Exactly this feeling appears.

But if people also have another feeling which is called an animal feeling or animal passion. This is what many people are striving for now. When they are shaken up during sexual intercourse. Do you know why does it happen? Because people are attached to each other on animal centres. And then they have Brazilian TV serial called "Blood on the sleeve". I.e. their love is hard which is always condemned to

parting. Because this love is accompanied by wild jealousy, by very strong psychical pain even when a partner simply talks to someone. So, this is love that occurs on the bottom psychical centres. And people are pressing towards this love now. They think that it is the main happiness in life. But this love provides only marasmus. They become brutalized. If he sees that his girlfriend just talks to somebody then he becomes crazy. A very strong energy starts moving inside his psychics. And these people can not live together. They always abuse one another and swear at each other. They feel miserable with each other.

The Vedas consider this type of love as the most dangerous. And they give advice: not to have such wild relations. If you feel that you cannot talk to a girl, cannot just communicate, that you want to have sex with her as soon as possible, then this girl is the one who will ruin your life. How to determine that there is the right compatibility? You feel happy: you just talk to the person, you just communicate. And you feel that you have common interests, common opinions, common goals in life and you just feel good with each other. This is the compatibility that will provide with the right sexual relations and all other relations. And it will give good children. Because children will develop not antsy.

Do you know what children appear after crazy sex? "Pshaw!" Well, this is a difficult issue to understand. I have overloaded you a little bit, sorry. "If communication between monkeys and humans is useful for monkeys then do we need zoos?" Of course, the Zoos are necessary, so the monkeys will be able to communicate with people. That's why we have already created a big Zoo here, there are a lot of monkeys. There are lot of monkeys and fewer, fewer people around.

Well, at the end of our lecture we have a tradition. You won't see this tradition anywhere else. This is our exclusive. At the end of lecture we repeat together: "I wish happiness to everybody." So the reason will develop a little bit. That's why we sit straight and we will be up to this. If you grudge spending time at this then it means that you are not used to mental activity. Please raise hand who wants to call for happiness, who has the taste for this? Your town is located in Venus planet. It is a Brahman planet. That's why rationality is inherent to people who live here. Intelligence and rationality. That's why there are many people who wish to repeat: "I wish happiness to everybody." That's great.

Sit straight, so that the energy of the Vedas goes upwards. It should be done this way. The reason is located here, in the area of heart. The mind is located in the head. When a person repeats with all his heart then he constantly begins to feel the truth coming outside of this area. This is the first thing to be understood while repetition. The second thing is that you give blessing to other people. When you repeat: "I wish happiness to everybody" thinking of someone then this person will become happy. You should learn strongly to believe in this. You just think about a person and he should become 100% happy because of your repetition. This condition of the conscience is called blessing. We should learn to bless other people. When we learn to do so then happiness will rush into our life. The more we bless other people, the more happiness and power rush into our life. So, this is the system.

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And we are going to do this now. We are going to bless people who we are thinking about with all our might. "I wish happiness to everybody. I wish happiness to everybody. I wish happiness to everybody."

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