

# Influence of Mercury on Health

[00:00:01](#) Today we continue talking about [Mercury](#). *A definite function of interconnection, i.e. interaction between different brain functions – this is controlled by Mercury. Mercury controls connections in our bodies, interaction, as we have already said earlier. That means, if a person has bad Mercury power, obviously he will have disorders, dysfunction of different organs, harmonic functions will be disturbed. Harmonic functions are also connected to body control. Thereby, if this interconnection is disturbed, then a normal control of nerve system will be broken, i.e. nerve system starts to suffer from this situation. Thereby, when nerve system suffers, all organs which are connected to body functions also can suffer; these are arms, which control our activity; mouth, i.e. our tongue, which controls our speech. Speech can't be without interaction with different brain sectors. A person should have associations to have a speech function.*

[00:01:33](#) Eyesight suffers as well, because our eyesight is directly connected to our [mind](#); and if interaction in mind is disturbed, it is obviously that the eyesight will suffer. It will get tired; say, a person will get tired, and his eyesight and eyes will get tired as well. Also due to harmonic functions disorder such processes can occur in the body: bile accumulation or decrease of bile amount in the body, mucus accumulation, bad mouth odor, sweat secretion disorder, taste disorder, breathe disorders etc. In general, all this is because we don't want to build correctly our relations with other people. All this comes from disturb of people interconnection. It means, that there is a power of [egoism](#), which doesn't allow a person to build his relationships.

## **External and internal environment.**

[00:03:03](#) *There are microcosm and macrocosm, i.e. there are internal and external environments. Internal environment always copies the external one. There are functions of the external environment, which are similar to functions of the internal environment. For example, [anger](#) exists inside and outside the body. Internal anger destroys liver; external anger tries to destroy someone's [personality](#). The processes of this destruction are held simultaneously, i.e. the more we try to destroy somebody, the more our liver will suffer. The same situation is in *people relationship, it is connected to interaction of organs in our bodies*. These are brain functions. Brain controls relations between organs in our bodies. It sets the nerve system; that's how brain works. *And when a person doesn't want to communicate with people around due to his egoism, i.e. when [false ego, mind](#) is in ignorance and overfills a person, his true mind is darkened and he starts to be capricious or angry, or he cuts himself off other people or argues with them, or gossips etc. Many different ways.**

[00:04:24](#) When a person does that, immediately he loses his ability to grasp the power from Mars correctly, i.e. his logical thinking starts to suffer and he can't get the right information from his mind. Do you remember the previous lecture? How does our mind work and connect to our memory via Mercury? Do you remember? So. Memory is not something that is kept like books; as we have mentioned, memory is also connected to all body organs. *Each organ has its own [emotion](#); in general these emotions compose our mood.* When a person withdraws into oneself and doesn't want to wish everyone [happiness](#), but he wants to be angry with everyone, then his interconnection with other people is disturbed, possibility to use Mercury is also disturbed; Mercury can connect different organs and systems between each other. *Internal coordination in the body is disturbed. This is all due to our opinion that it is better to be alone. When a person*

*thinks that it is better to be alone and no one is needed, then in this case his harmonic functions will suffer.*

## **Mercury Disorders**

[00:06:08](#) So, sometimes a person gets Mercury disorders due to his way of life, sometimes due to mistakes in the past in his [previous life](#) he has Mercury disorders since his [birth](#). In this case, when disorders are already since birth, often a person has lack of intelligence. Such shortcoming is directly related to stubbornness, cruelty, inclination to violence, [greediness](#), [lechery](#), weak will, unbelief and falsity. If a person is stubborn – we have already discussed it; if a person is cruel – it means he thinks that his life is much more important, than other people lives. And if somebody neglects him, then he just should destroy that person.

[00:07:12](#) This is guna of ignorance, and accordingly, *cruelty always meets cruelty*. That means *the worst cruelty done with a person at birth – is to have lack of intelligence*. A person born this way has a very hard life, because he is at the bottom of our society. Do you understand? His life is very hard because everyone is stronger, because the main power of a human being is mind power. *Physical power doesn't give anything. When a person tries to prove something with the help of his physical power, he gets into guna of ignorance and suffers a lot*. Therefore, if a person is not intelligent enough, then his life becomes very hard, it is very difficult to achieve something in his life. Therefore, cruelty is something directly going from Mercury disorder.

[00:08:23](#) Violence is almost the same. It causes weak-mindedness. Greediness causes weak-mindedness every minute in front of our eyes. You all can see that *greedy person becomes stupid; you can't prove anything to him*. If somebody wants something, try to prove that it is not needed for him. Even the smartest person, who has the brain of Solomon, will stand his ground even if the thing is absolutely stupid. You all know such examples. False ego acts this way. Emotions connect to external objects and nothing can be done. It happens... a person becomes awfully stubborn. Especially it happens in such spheres of life which are the most dangerous for us. Which spheres are the most dangerous? Who knows? Authority? No, you are wrong. No. No. I mean spheres of our lives, not spheres of our activity in general. Which spheres of our activity are the most dangerous? If you know the previous lectures, you can easily define it.

## **Dangerous fields of activity.**

[00:10:06](#) *The most dangerous thing is connected to our greatest affections in life*. For example, if a person is affected to or loves his daughter or son, or he has very close relations with a spouse, i.e. [family relations](#) obviously are very close relations as well as with children; a person can be affected to his job; when [emotions](#) are affected to any object, automatically this sphere becomes the most dangerous. This means that a person will suffer a lot if something is changed in this particular sphere. This is where Mercury opens it's ability to avoid suffering. If a person has great Mercury power, he can use [logics](#), arguments, building connections with mind; he explains to himself that it is absolutely irrationally to do what he is doing now. This is in such case *when his mind is not influenced by false ego. If a person becomes stubborn immediately and does not want to listen to anybody, then nothing can help him*.

[00:11:27](#) Very often such states of stubbornness arise due to excessive desire to take pleasure from somebody, who is close to us. *Everybody should know that close people are not intended to take pleasure from, but we need to fulfill our obligations which were accumulated by us during our previous lives. If a person fulfills all his obligations towards his close people, ten obviously*

he will get to higher planets. Furthermore, if he serves [God](#), he can go to the [Spiritual world](#). But if he doesn't fulfill his duties towards close people, then he will have to be born again and fulfill his duties. Until he meets all his obligations he will be born here. Until he meets. And if he takes offences all the time, he gets more and more obligations.

### **Family duty.**

[00:12:36](#) A person lives with his [relatives](#), and due to false ego influence he thinks that these relatives owe him and he takes offences, gets angry and demand something all the time. But in reality, *family life means that we owe to that person who is close to us. We have a [duty](#).* As to him, then this is his personal issue. Today we live with this person, during next life we will have another person. *If we think now about who owes us, then we will have to be born with five husbands. Do you understand? This is not recommended. Because we will have to meet our obligations towards five people at the same time; this is very difficult. Therefore, a person should get ready to do his best in fulfilling his duties.* Is it so?

[00:13:44](#) If he does so, then affections don't bother him, i.e. if he fulfills his duty, he feels good and calm towards his relatives. But if a person is egoistic and wants everybody to fulfill their duties towards him ; if they don't love him and treat him badly, he becomes very nervous, angry and demands good attitude, becomes extremely egoistic; in this case his mind becomes hard, his [consciousness](#) becomes stupid and he can't think logically. He is under the influence of [offence](#), and that's it. *And offence guides all his arguments. This is called a state of egoism, i.e. false ego captures his mind, and naturally such a person can't have good connection with Mercury.*

[00:14:34](#) **Mercury means logical chain in our consciousness.** He will not have such a logical chain, it will always stop at one point – his false ego. So, whatever a person pays his attention to, he always will come back to one problem which he wants to solve; but this problem...the solution of this problem is in somebody's hands. Do you understand? Because everything connected to false ego means slavery. This is a problem, *when a person is under the influence of false ego; he becomes a slave of those people whom he lives with. Because only they can solve his problems. If they please him, then he will be calm and will feel himself very well. If they don't please him, then he will feel bad.* Is it so?

[00:15:30](#) Therefore, a person in slavery can't think, his state of mind depends on other person. Is it so? All this results in diseases connected to Mercury, i.e. to our abilities to think. It is necessary to get free from egoism in order to be able to think. Therefore, a person with lack of positive Mercury energy will have problems with communication. What does it mean? *Abilities to communicate consist of many factors. But the main factor is kind-heartedness.* When a person has a kind heart...kind heart means that no negative energy is radiated from a person; kind heart means that person radiates only positive energy.

[00:16:38](#) When one person looks at another one, then the second person immediately has a reaction to the first person in accordance with dirt of our hearts. If we have many sins then this person automatically, instinctively becomes tense and already has disposition to bad communication. There are people who don't have any possibility to have good communications at all. They have so much dirt in their hearts, so they think that everyone looks daggers at him, because they hit a person from their hearts, and this person becomes very tense. This tense can be seen and a person feels that communication is very difficult. Therefore, naturally, in this case communication can cause very big troubles. And person becomes withdrawn and it is difficult even to think that he can communicate with someone.

## **Commandment "You shall not murder".**

[00:17:46](#) Therefore, a person should do his best to prevent his disposition to sin and other violation of life rules. Do you know that there are rules of life? Which were not written by the state, rules which just exist regardless our consciousness. Is it so? You can read ten Commandments in the [Bible](#), you can read...and these 10 Commandments don't mean politics which is built around it. *If it is said "You shall not murder", it means don't kill. Everyone think different what "don't kill" means; this doesn't matter. The concept itself "don't kill" is quite concrete, right? It means you don't need to kill animals, people and insects, right? This is quite a concrete thing; you can think about it as long as you want, but the thing is quite concrete. Do you agree?*

[00:18:55](#) The same "Love the neighbor" – it means don't gossip, don't be involved in politics, don't blame, right? We can discuss it for a long time, we can say "this is a neighbor and this is not", but [Jesus Christ](#) says that everyone is a neighbor, right? Someone of different [religion](#) is also a neighbor. You can say "I don't gossip about him", but do it at the same time, right? Some people do different tricks. They say: "I blame a sin in him, but I love him personally". But how it can be divided? Let's assume, somebody will tell me: "I blame your tongue and will cut it off, but I love you". I don't know, it is difficult for me. You can love someone as a whole person or don't love him. If a person has a spiritual nature, it means he simply loves other people and that's it. Even if that person is sinful, he understands why that person is sinful – because of lack of knowledge – and he just feels sorry about it. This is just different displays of [love](#). **If a person has lack of knowledge, then a wise man simply feels sorry for him, he feels [sympathy](#) for that person. And when a person has enough knowledge and he loves he feels [happiness](#).** Is it so?

[00:20:32](#) If a person hates God, then how he can be loved? Get away from him. He can be considered as a good person in some way, but it is necessary to cooperate as rare as possible, because he is dangerous, he can use some power. Do you understand? [Hatred](#) is a very serious thing. With understanding of these rules a person has a normal behaviour and he will not accumulate dirt in his heart; as a result he will have a kind heart and good ability to communicate in next life. Do you know the main display of depravity? What is it? How to estimate how sinful a person is? Behaviour. No, it's not. So, think. Thoughts, let's determine thoughts. Actions, no. Not necessarily. Any variants? [not understandably] No. [not understandably] No. [not understandably]. You are right, i.e. all these are variants. Now I will give you another test, a very simple one.

## **Depravity.**

[00:22:14](#) *You can estimate one's depravity by the gentleness of his speech. The ruder the speech, the more sinful the person is. Because speech is connected to heart directly. In Sanskrit this term is called durukti-a word very similar to Russian one. Durukti means rude speech. Durukti is the power which leads a person to Hell. This is the direct factor showing that he will degrade. If a person has angry speech, it shows that he will degrade and has no ability to progress. How to estimate whether a speech is angry or not? If a speech doesn't please the ear, it means it is angry. If someone suffers while listening to that person, it means he has dirt in his heart. It doesn't mean that we need to do something with this person; this is the only criterion which always works without a hitch. Do you understand?*



[00:23:28](#) *Angry speech – it doesn't mean that it is rude, it means it is unpleasant. The speech can be flattering, but it is unpleasant. Guile is also rudeness but of other type. Weapon can be real, fire can be real like a campfire, but fire can be secret-this is poison. So poison comes from guile, from guile and hatred. And real fire comes from action, i.e. a man can burn a house as an example, yes? Or to add poison. So. There is the power of actions and there is the power of thoughts. The power of thoughts is always more dangerous. Therefore, not everyone who talks, i.e. just rudeness doesn't mean...this is a factor, right, rudeness is the factor, but also guile of voice, guile of speech, absence of truthfulness mean that a person is sinful. There is no truthfulness, do you understand? Untruthful man obscures brains. When you listen to him, you don't understand anything. And he always gives arguments in his speech, i.e. obscurity of the speech means depravity.*

### **Causes of stammering.**

[00:25:03](#) Also if a man didn't want to use his Mercury properly during his life, as a result he will get constraint and difficulty of speech. He can start stammering or get difficulties in communication. *This is due to constraint, stiffness and unwillingness to communicate. Willingness to communicate first of all means willingness to help people. What is the point of just chattering? Do you understand? A wish to help someone gives ability to explain something to him, because unless a person doesn't want to help there is no need in explanations. Explanation is the only way to help, because the only method to solve a problem is knowledge. Someone tries to help by some actions, but there is no point in this. There is only one way of action is just to touch a person. If you have enough happiness inside you can just touch the person's hand and he will get calm. But if you don't have enough happiness inside, you will not help him any way, no matter what to do.*

[00:26:32](#) Therefore, the best way to help someone is to obtain inner peace which is achieved by inner knowledge. This results in conclusion of Vedic scriptures – **in order to help someone a person should devote himself to self-cultivation seriously.** *The main direction of activity goes inside. Therefore that person who lives the inner life is right indeed; it means that he directs all problems inside and doesn't let happiness go out. He doesn't try to say, show and demonstrate that he is happy. Happiness is inside of this person and those who need it can take it easily. Is it so?*

[00:27:23](#) And such a person helps those who ask for help. Those who don't ask for help can watch his example how to act properly. In this case a person doesn't have any opportunity to have communication problems. *What is dignity? This is when a person is very polite and doesn't bother other people – this means dignity.* Because he knows that there is no...[truth](#) doesn't come from a dispute. This is all Mercury character, do you understand? What do I describe it for? What is communication? How is it built? Communication is a wish to help. The main power of logics and interrelation between our organs inside; different malfunctions take place because we don't want to help anybody. Because we don't want to do something for other people. Do you understand? There is no wish to help. You can help only by explanation – this is the only way.

[00:28:44](#) *The second temporary way to help is to give your property, bread or something else to eat, or [money](#). But this is temporary method, real help can be only by explanation.* Therefore, a person who doesn't want to explain is the greatest niggard. But a person can explain something only if people listen to him. If people don't listen to him, he should act properly showing the correct example of living. Therefore, *parents who try to force their children to listen to them,*

*they just taunt their children. They should just show their own example what is right; then a child will have a wish to listen.*

### **Bad memory. Causes.**

[00:29:33](#) Memory weakens. Bad memory is caused by bad Mercury influence, we have already discussed it at previous lecture. I'm telling you again that *memory itself, the amount of accumulated information doesn't suffer; ability to use memory suffers. Because a person can't manage with this information psychologically. He suffers a lot having such amount of information in his head.* Therefore, a person in ignorance has a very small amount of data savings in his head, he doesn't remember anything in his life and lives like in somnolence. He has weak power savings which can take this information out. Do you understand? As he has nothing to use, he lives with such information and power which he can get immediately.

[00:30:32](#) For example, someone announces: we build communism. Such a person immediately starts to build communism, this is his philosophy, immediately. Philosophy was changed soon. They say to him: we finished to build communism, now we are reconstructing communism. He immediately starts to reconstruct it. Then he is told: we finish the reconstruction, now we're going to have democracy. He becomes a democrat. Then he is told: democracy has finished. We have communism again. He becomes a communist again. Then he is told: everybody goes to fight with Denikin, and he goes to fight with Denikin. His philosophy changes immediately. This is because he doesn't have enough power to take a sober view of the situation, that it is an external life. Do you understand?

### **Who is a materialist?**

[00:31:32](#) External life means, that there are will be different situation in the world. For example, now we have a very difficult situation in the world, so, some time it can be easy; but all these are external issues. Do you understand? They don't matter and have nothing in common with the internal life of a person. *Internal world of a person means that he can be happy just if he doesn't identify himself with comfort, peace, silence and satiety.* If he doesn't think that it is the most important thing in his life, but **the most important is to have a goal in life to wish everyone to be happy and to live for self-consciousness.** *When a person changes priorities inside himself, he understands, that there is no way to escape; if it is time to suffer from hunger I will be hungry. There will be time for war and for victory, but all this is not related personally to me. I have my internal life where I have my own war with my sins. When a person has such an affirmation, he becomes happy.* Is it so? When a person thinks and worries a lot about external issues, then he is called a materialist, i.e. one who is connected to matter. He is connected to matter and can't do anything with this situation. Matter suffers and he suffers as well. Do you understand? This is a problem. It leads to bad memory.

[00:33:14](#) Inability to do calculations. Do you know where it comes from? Because there is nothing to calculate with. Immaturity, childishness and foolishness. What is maturity? *Maturity means rationality.* If a person can't use the power of his mind, it means immaturity. Let's assume, a person has a great potential, but Mercury doesn't work; generally he understands how to live but he can't explain it to anybody. People say that such a person is not mature yet. He can be immature till his old age. This person understands that he lives in a right way; he knows that he has a good mind, he knows the right way to live, but he can't explain to anybody. But when it is the case of foolishness, then this is a totally different thing; it is absence of mind. Herewith, a person can have strong Mercury; and he acts accordingly to that sphere where Mercury is strong.

## ***Human foolishness.***

[00:34:30](#) Well, for example, let's assume that I have enough Mercury to become a commentator at some radio of cheap information. I can chatter professionally about different foolish things during many hours, right? Everyone admires my professionalism, how I build sentences, my speech goes up and down smoothly, I can insert phrases into the sentences; when somebody calls the radio station I can easily mock at this people. So. He is so...how he behave himself during interviews, how he can surprise people by different foolish things, how easily and smoothly he can joke. This is one variant when Mercury have nothing to use, i.e. he takes facts, consider and use them, but this facts are not connected to the mind. There is no purpose of life here, There is only some activity of Mercury which doesn't result to anything. The only result at the end of the day of such a person is whether he was good chatterer or not. The topic of chattering doesn't matter. Do you understand?

[00:36:19](#) Foolishness arises here. If a person want to use his Mercury this way, then in next life his mercury won't be possible to work in this way, because if mind is not developed by the person, he will not have enough mind even to chatter well. Such a situation can take place, it is very difficult. *The next factor of weak Mercury is lack of self-control. Lack of self-control means that a person can't use his memory.* We have already talked about it. Self-control is when a strong mind can remember the situation which disturbs and counteracts the power coming from our [karma](#), our [destiny](#); and this bad power can come every minute.

[00:37:24](#) For example, we will go home after this lecture and some difficult situation will take place. A person with self-control will recall from his memory how to act correctly; because his mind is strong and practical immediately this memory will provoke such a power inside which will make him to calm down. This happens as a result of conscience of the situation. Somebody tries to calm down with the help of different methods. Somebody tries to hold the breath, somebody tries just to rush his brain, somebody tries just to run away, but you can't run away from yourself. *The only way to calm down is to use your mind.*

## ***What to do if somebody wants to rob you?***

[00:38:11](#) For this purpose it is necessary to remember how to behave yourself in such situation. A person who study the situation and knows it for 100%, for example, some robbers gets to him. A man remembers how to behave in this situation. First of all, you should remember, that *if you need to give something according to your destiny, you should give it. Is it so? Because a man always chooses whether to give property or life.* We have this choice, no problem. You can give [life](#). Therefore a person who is not connected immediately disconnects himself from his belongings in mind. He says: "Well, here I have a thousand of dollars in my pocket"; or someone has a hundred of rubles equal to a thousand of dollars. People can have different earnings. And a person thinks: "five cents are mine, I will better die and not give them my money" and he begins to resist. Or, let's assume, this is first; secondly he needs to wish happiness to this people; thirdly if they behave like bosses, i.e. they give orders, a man should obey. He should say: "OK, I'm under your power, I respect and appreciate you. What and how much should I give to you?"

[00:39:45](#) There is another variant. Which one? To explode inside yourself and to hit back.

[00:39:58](#) There is the second variant – to explode inside yourself. I was asked to answer the question. To explode inside yourself and to hit back. To kick back. [not understandably]. It depends on the situation you are in now, do you understand? If you can run away-run away. But

if you can't run away what other variants do you have? To live. Of course. Well, in general, you can give your life if it is not precious, no problem. If honor is more valuable for you, you may die. You will go to the Paradise planets immediately. About the person who kicks back – this person should know his nature. Only a person with the nature of protector can kick back. If a person has the nature of businessman or worker or a scientist, he can't kick back. Every person should know his or her nature. If a person has a nature to die in fight, he will do it with a smile on his face. Such people appreciate victory the most. This is the criteria of such person. If he sees that somebody acts unfair, he will fight. The second variant, if he is drunk, he will do the same. So.

[00:41:53](#) But, remember, in general, this is not a solution of the problem for most of the people. Because you will regret very much about what you have done; these people are women, children or people not disposed to violence. These people should act as I have told. This means, that *a man is not connected to property. The only thing is if he is very polite, respectful and submissive and even in such a case he is destined to be kicked, it means that it is unavoidable. In this case you will not blame yourself, do you understand? If you behave yourself rudely, become angry with this person, he can kill you and that's it. In this case you will die in the state of dissatisfaction; this is very unfavorably.*

[00:42:58](#) *A person should leave his body in the state of happiness.* He should think about God at this moment. How does our destiny work? Due to our past acts there is a possibility to become a victim of violence. There is such a possibility in life. A person should behave himself with dignity in this case. It means he should be ready for everything. When a person doesn't understand that there is violence in life, it is called childishness and immaturity. Violence means that it is necessary to obey. Is it so? No? Are there any other variants? Who thinks, that it is not necessary to obey, raise your hand?

### **Woman's nature.**

[00:44:01](#) Women shouldn't hit anybody. This means bad manners or a wife of a defender, i.e. what a defender's wife should do...disobedience for her means to loose life. She should leave her life immediately as a protest. As for a husband, definitely there is one solution – a wife should not think that he is an enemy, it's a great sin. *A wife gets a drunk husband because in her previous life she was drunk.* So. Therefore, there is no reason to be offended by him. Because nothing happens without any reason. What? A husband bothers a wife? What?

[00:45:06](#) He bothers his wife. Doesn't respond. If a wife drinks a lot, then a husband can leave her, he can say: "If you want to live like this, live alone". Can she do this? Well, a wife...a husband takes [responsibility](#); a wife can't do like this because she is responsible for her children. She is responsible for her own life. As a matter of principle, if a person behaves himself awfully, she can use the power to leave him, but she shouldn't clear up her relations with him. It is wrong. If you don't like a person, just leave him. If you like him, then you should execute your duties towards him. Because *a husband takes wife's karma on himself, he is responsible for her.*

[00:46:05](#) *For a woman a [freedom](#) of choice is a choice whom to obey, which man to obey – this or that. If she doesn't want to obey anyone, it means she has a demonic nature, i.e. there are two types of human blood. These are divine and demonic powers inside. Divine power means that a woman wants to obey and a man wants to take responsibility and to be worthy, to behave in a proper manner. A woman with demonic blood doesn't want to obey; a man with such a blood doesn't want to take responsibility. Such people meet each other. A woman that doesn't obey,*



*according to the law of destiny, finds a husband who doesn't take responsibility for her. And a man who wants to be responsible for his wife's destiny meets a wife who wants to obey him.*

[00:47:01](#) If a person wants to change this situation in his life, he or she should begin to obey and then another person will take responsibility. And a man, if he wants to change this situation, should take responsibility for his wife, and then she will begin to obey. This is the way it works, no more variants. You can't solve it by fighting. [not understandable] And what does it mean? [not understandable] Yes, i.e. the power of mind means that you know the laws and how they work. The power of mind is what we have talked about; it means how you should act. Therefore, obviously, *in order to use the power of mind, first you should love a person with whom you build your relationship; you should wish him happiness, and only after that you can use the mind. Because if you don't love a person, the false ego doesn't give you opportunities. If you don't love a person, the false ego starts its activity immediately.* The false ego between two people begins to influence our mind. We become obstinate, angry and try to prove something to other person with the help of logics and mind. This is the position of a person who doesn't understand how it works.

[00:48:25](#) *If you want to prove something to somebody, it means that you should love this person. If you don't want to love him, then there is no point in proving, this will not work.* He is just in the position of egoism; and a person in the position of egoism never listens. He just always resists and that's it. That is why there is no point to prove something in the position of egoism. You should try to love a person. Therefore, *the only way when somebody bad comes into your life is to try to treat him well and to understand that this is your destiny.*

### ***Tension in life.***

[00:49:03](#) We don't want to believe it. Don't want, ooh. We want something different. We will have problems with Mercury. And then a very tense character is formed. This is another shortcoming related to Mercury. What is tense character? A person doesn't believe in happiness. He doesn't believe that everything can be solved well. What does he believe in? He only believes that everything can be bad. Therefore, the only way of such a person is a self-defense. For example, the same can be said about animals. I had amazing moments watching monkeys, i.e. there are many monkeys in India, and they are everywhere. There are many monkeys in the place where I'm living. If you meet a monkey, it can attack you or just pass by, steal something. They behave like children, foolish people, like big children.

[00:50:20](#) And if you smile to a monkey, it becomes very angry. This is an insult for it. Even if smile with all your [kindness](#), it becomes angry. Because there is no difference for a person in tension and for an animal between kindness and anger coming from you. Simply the power coming from you means defense. A person in tension takes a smiling person as an enemy. He thinks: "Oh, why is he smiling?" This angry person is also taken as an enemy. Therefore, *tension arises; internal tension doesn't allow a person to think.* Do you understand? Problems take place. I don't mean it about you, don't think so. Somebody always starts to think over; I look at the you and some people are becoming severe. I don't anybody personally, never. Often I'm talking about myself. I always talk about myself with you. Therefore you can affirm yourself in the following way; I have many shortcomings including tension etc., many different variants and shortcomings, therefore we have what to talk about.

[00:51:57](#) That is why as a result we have such problems with Mercury. When does tension take place? It is very simple. *In order to get rid of tension you should learn to wish happiness to other*

*people*. This is a very simple method. This is the first way. And the second way – is a method of purifying by executing out duties towards people; thereby we do donations, we donate our thoughts, we wish everyone to be happy. The second way is the way described in Veda. *It means that a man waters roots of a tree and then the tree grows.*

[00:52:46](#) *To water roots means to learn to love God. When a person waters roots, i.e. God is the reason of existence, when a person loves God then automatically all branches of his relations with people flourish.* There is no need in watering branches if you waters roots; the same – a person who waters roots becomes kind with other people, gets rid of bad speech power and tension towards other people; everything is related in some way to Mercury, i.e. our ability to think. Bad habits arise due to weak Mercury.

### **Bad habits.**

[00:53:30](#) How does it happen? *Bad habits always arise due to bad logics. Bad habits always arise due to bad mind.* When a person ...and all this happens due to ignorance of laws. For example, what happens when a person lies even one time? Whole his worldview changes. How does it happen? Very simple. Here inside we have such a power called Super-soul. Super-souls is responsible for honesty of a person. When a person lies he deals with Super-soul immediately. Super-soul tells him: “You have lied”. And a person has two variants how to react.

[00:54:21](#) The first variant – he responds:” Yes, I’m to blame for this and I want to change the situation.” He begins to apologize and to say, that he has lied. This is the first variant. The second – is when a person has lied and doesn’t want to change the situation, he starts to build new philosophy inside his head. New philosophy means that he begins to justify why he has lied. He says: “Honestly, I’ve lied because it is vital; this is because I really should do that, but that person doesn’t understand it and I had to lie to him. Or I’ve lied because if I tell the truth then everybody will suffer, therefore I have lied.

[00:55:20](#) Those who want to lie have lots of logical chains. But when a person lies he loses ability to grasp his mind, because mind means sobriety. *A person who lies can’t be sober because sobriety means that in any situation in life mind gives the right answer. When a person justifies his action it means that he betrays his mind.* He says: “ That’s it, I don’t need you, my mind is false ego and I will justify myself in everything.” Do you understand? And how to identify this person who uses his mind and those who use their false ego?

[00:56:13](#) *When a person uses his mind during listening he listens and is the state of concentrated attention.* A person who uses false ego doesn’t listen, he pretends he is listening, but during this his mouth is already open. While listening like this he already wants to say something. It means he is controlled by false ego, not mind. Therefore you should stop talking to this person, there is no point in it. Because even one word doesn’t penetrate inside his consciousness. When a person wants to say something while listening to somebody, it is necessary to shut your mouth and go away from this person. You should say: “Sorry, I have a lapse of memory, can’t talk any more, something wrong with my speech.” Therefore, this is no point.

[00:57:13](#) You should understand what the problem is. The problem is in false ego. And this problem arises due to propensity to lie. When a person justifies himself, in this case he uses false ego, and no mind can’t be spoken about. If a person doesn’t use mind in his life then he is devoted to a defeat. Because he can’t manage with living situations. Why does propensity o lie

arise? Why? *Propensity to lie arises from unwillingness to suffer for our shortcomings. A person should be resolutely ready to suffer from his shortcomings. He should do it with [enthusiasm](#).*

## **Ascesis.**

[00:58:05](#) If I'm not right, I want to be responsible for that now – this should be said by a person to him or herself. If a person has this affirmation all the time, then as a result when he suddenly lies to somebody he immediately corrects this situation, because he is pleased to do so. This ability is developed through [ascesis](#). We have already talked about what ascesis is. *Ascesis is something that a person does ruling by call of duty, it is a self-education action.* It is considered that in this [degradation](#) century during which we are living, the best ascesis is to repeat God's names. This is the best ascesis.

[00:58:56](#) What kind of ascesis can be? Fast, humiliation of our organism. *Vedas say that when a person humiliates his or her body during ascesis, it means he is demon. This is ascesis ignorance. If a person is fasting with the purpose to get health or to prove something to somebody, it means he's got demon character. This is ascesis, but it doesn't lead to nothing positive. This ascesis gives only problems to that person. Here comes an inclination to humiliate other people. Do you understand? You don't.*

[00:59:47](#) The heart becomes hard. It happens...in such situation a person, ...*ascesis should soften our hearts. When a person repeats Holy names, then such ascesis connects him with God power.* Do you understand? If a person does ascesis which causes a feeling of hardness, then this ascesis makes him rude. Do you understand? If ascesis gives a feeling of happiness then it makes him happy. Do you understand? Ascesis means some action, when a person forces himself to do something. Because when a person forces himself to repeat God's names or to wish everyone happiness, it means he receives this state of happiness inside himself. Now, unfortunately, it is very often considered, that people should do such ascesis as fasting for a long time or drinking our own urine, so, or to humiliate our own bodies somehow.

[01:00:56](#) There are even such methods of treatment when a person is racked by pain; he groans, but this is so called the healing power and the more he is humiliated, the better the effect is. But in reality the best effect is achieved when a person enters the state of [benevolence](#). Do you understand? Therefore, *bad habits are destroyed with the help of mind cleaning from lie; we have already discussed this, and from mind cleaning from wrong ascesis.* Right ascesis cultivates ability to correct our mistakes. When a person does ascesis in benevolence, the power is accumulated inside him, and he himself wants to correct his mistakes. Because ascesis means power. Do you understand? When a person does ascesis, he receives power.

## **Where to take power from?**

[01:02:05](#) *Power can be taken only from ascesis, there is no other way to receive power.* If a person lies in bed, he loses his power. If a person gets up early in the morning, he receives power. How to raise blood pressure? *Only by getting up from the bed. This is also said in Veda, that a person fights with weakness by getting up in the morning. This is ascesis.* We don't want to get up early, but by doing this we fight with weakness. Is it so? When a person makes an effort in benevolence he gets such a result. We will have a lecture about ascesis for the first group; if you are interested in this topic you can come and listen to this lecture. This topic will be discussed in details there. We also talked about it last year. This topic will be in two lectures.

01:03:03 Therefore, *a person gets bad habits as a result of inclination to excuse his or her bad actions. Due to inclination to self-deception a person already doesn't know what is right to do and as a result he gets inclination to get pleasure not from benevolence guna, but from guna of ignorance.* Well, for example, if a person can't love anyone, then his power of love becomes like a ... he is not satisfied with his life, because this power is not displayed in any way in his life. A person should love someone. He or she should use this power and this state of soul, i.e. it is one of qualities of soul, and this is a wish to love someone all the time.

01:04:04 If a person can't love anyone, it means that this power will cause a painful feeling and he or she will have a demand to fill this power with something; as a result he or she gets [alcohol](#) or [drugs addiction](#). Do you understand? Why can't he force himself to love? Because he doesn't do asceticism, because he doesn't know, doesn't have knowledge, yes? Knowledge – is a base of understanding of things. He doesn't cultivate knowledge in himself, i.e. he doesn't have enough of inner power to be happy. Therefore we all should strive for knowledge. Therefore a person, i.e. Mercury is directly related; *Mercury is our logic ability and it is related directly to whether a person has bad habits or not.* Has everyone understood this topic? Do you understand?

### ***The nature of irresponsibility.***

01:05:01 *If a person doesn't use mind in life, it means he will have bad habits.* If Mercury is weak then there will be dependence on somebody. What is dependence? It is when a person can't solve problems independently, yes? And what is it related to? Any variants? Somebody is responsible for him, well, what else; let's discuss it. Well, that's it, she has already said everything. A person doesn't want to be responsible for his own life. It is due to egoism. Egoism means that a person wants; to give responsibility for his life to somebody else. This person says, that you will do everything instead of me and I will watch, yes? Or you are guilty of my problems – this happens very often. When a person wants to live not for him or herself, it causes responsibility for his or her own life immediately. It is a delicate mechanism.

01:06:26 It means, i.e. «I live not for myself» – it means I need... I should take care about somebody. If I take care it means my responsibility grows. Is it so? Does it happen this way? Therefore a person with weak power of responsibility can't be independent inside. Do you understand? In this case everything is also related to Mercury, because *a person who can't connect his mind with his life can't understand how to act correctly and becomes dependent.* In general, irresponsibility makes a person unable to hold himself, or correctly... Well *for a woman, for example, irresponsibility means unwillingness to perform her family duties, duties towards husband and children. Independence of woman from her husband is also irresponsibility, because if a woman acts independently it means that she doesn't understand her position in the family.*

01:07:53 *Woman's position – is to obey her husband, because in this case she is safe. Woman's feeling are very...a woman is very sensitive, in comparison with a man she is six time more sensitive.* It means when she relies on herself she becomes anxious naturally. It is very difficult to overcome this anxiety for her. Therefore a woman should listen to somebody in her life. If she doesn't listen, doesn't want to connect her life with her husband and lives with him she becomes anxious constantly. She thinks that something is missing in her life. She starts visiting psychologists, tries to rely on them and etc. It causes a big problem; but let's assume, if a husband is not good enough, it doesn't mean that she should consider herself independent of him.



[01:08:49](#) Lets assume, he doesn't understand something; but a man means a kind of a certain power; if a woman just performs her duties towards him she already has this state of peace. In this case Mercury works for a woman in the following way – It says to her: “Just o your work and perform [obligations](#) and you will have [satisfaction](#) in spite of your husband has a not very good character. Do you understand? This is independence for a woman, because in this case if she doesn't act like this she will be very dependent on circumstances. Do you understand?”

[01:09:29](#) A woman who becomes independent of family is influenced by other men and some [ideas](#) which she has in her head, and she has great problems in her life. Is it do? It doesn't mean that a woman should be brain-dead and shouldn't think about anything or talk and should just work for man's sake. No. just performing of her family obligations causes peace. Do you understand? Do you understand what I'm talking about or is it difficult to understand?  
*Performing of obligations means to help husband in everything, [to bring up children](#), to love them and in general to create warm atmosphere in the family. This depends only on a woman and doesn't depend on a man at all. Whether a family will exist or not depends only on a woman. But this is a different topic, and I understand that you are very concerned about it.*

### **Sluggishness. Causes.**

[01:10:37](#) Sluggishness also arises, i.e. a woman gets dependence when she becomes independent. Do you understand, yes? A man gets dependence when he doesn't want to take responsibility, he becomes dependent on everyone. Sluggishness arises because a person is not able to use his or her Mercury, i.e. It is just in weak position. This person can't think quickly that is to analyze the situation quickly. This is because Mercury can be in benevolence, passion and ignorance. When Mercury is in ignorance a person can't think quickly and can't act quickly as well. As a result everyone is disappointed with this person although he can't do anything with this because he's got such Mercury. Do you understand? *Sluggishness means that a person can't compare facts quickly and can't inspire to act him or herself quickly.* It is as the way it is, nothing can be changed. Do you understand?

[01:11:55](#) *Excessive dreaminess arises due to bad position of Mercury. It means that a person doesn't have responsibility for what he thinks about. He starts dreaming and constructing different ideas in his head, and in general he creates his inner world where he lives actively; but this world doesn't influence on his real life at all which is concluded in self-perfection.* If a person lives in dreams then he has no chance to change his or her condition. He becomes totally sort of...he gets under total influence of the situation and can't do anything with him or herself. All these come from irresponsibility, absence of mind power and excessive dreaminess. Yes?  
[the question from the audience is not understandable]

### **Positive intellect activity.**

[01:12:54](#) I knew that you will ask me about this now. It is a very good question. Intellect activity is a very important topic. The most important thing in this topic is what a person thinks about. *If a person tries to grasp the Supreme, i.e. he or she tries to think about God, tries to imagine and understand Him, then this is not dreaminess, but this is the supreme purpose of living.* Dreaminess means that a person creates some situations in his mind for his or her sensual pleasure. He's got a whole movie inside where he is the main character and he in this movie he finds good person to love, he's got [prosperity](#) and [success](#). In this movie everyone loves and respects him and he lives in this movie during whole his life. This is called “castle in the air”

(daydreaming). Do you know, don't you? It is to lay in bed and watch a movie of your own intellect.

[01:14:15](#) But such person degrades. 100 percent guarantee that he will suffer a lot during his life. *If a person tries by the power of his intellect to grasp an elusive object, that is a spiritual power of another person or God, for example he tries to understand what is the power of happiness and tries to wish everyone happiness; or directly tries to understand who is God, in this case he doesn't dream. In this case he directs his power of intellect towards the most important object in his life. Do you understand?*

[01:14:55](#) So, for example, now you will wish everyone happiness; you can wish everyone happiness as much as you understand what is happiness. For example, somebody sits and thinks that the greatest happiness is to be drunk and he wishes: "I wish everyone to drink, I wish everyone to drink". Someone thinks that happiness is when you have a beautiful wife and he says: "I wish everyone to have a beautiful wife". Do you understand that everything depends on what you mean by the word happiness? *A person who understands what is happiness, that it is love to God, this is the greatest happiness because it is compared to billion of beautiful wives. A person who has this feeling - it is billion times more than a billion of beautiful wives. Do you understand? You don't. It is difficult to understand because we don't have such power. But there are such people who understand and you should learn to understand this; then there will be no problems.*

### ***Nerve activity.***

[01:16:07](#) Why does excessive nerve activity arise? This is next Mercury's quality which has lack of power. *Excessive nerve activity arises because a person doesn't feel satisfaction in life. If a person lives aimlessly, he doesn't have goal in life, he also doesn't have satisfaction. The aim is necessary. Is it true? No aim-no satisfaction, because we have our obligations since our birth; life has a certain purpose, we are born already in a certain look. We have a certain kind of activity which we will love during our lives, we have a certain path. If a person doesn't have purpose in this direction, it means he won't get satisfaction. Is it true?*

[01:16:59](#) A person who contacts with God in mind is always satisfied. But an unsatisfied person gets the state of...i.e. there are two types of people. The first is one-directional people and the second is multidirectional people. Multidirectional people tries to get satisfaction from changing many different things in their heads. They change activities, information, they need to read many newspapers in order to get satisfaction, and they also want to hear many facts from other people to get this satisfaction. And they try to sort out many things in their heads. This is wrong according to Vedas. It is considered that a person doesn't understand what the meaning of his or her life is.

[01:17:52](#) *Meaning of life is having a purpose. A person should have a purpose on his path and try to achieve the deepest understanding of meaning of his life. How to do it? To do this we need to stop wasting our brain and firstly to focus it. What to focus on? So now you are listening to this lecture, please focus on the lecture, because we are talking about the most important things. If you have hungry children in your heads or something else is happening there, it means that it is very difficult to focus. Multidirectional brain means weak mind. One-directional brain means strong mind. Multidirectional brain means a person is unsatisfied to act in one direction and he or she starts changing kind of activity. This causes excessive nerve activity. A person becomes*

overdriven. He starts rushing about, he gets different reactions in his body and problems arise. Do you understand?

[01:19:07](#) In general all this is connected directly to Mercury. Because Mercury gives an ability to connect a person with a purpose. A person can explain to himself logically what he should do in his life and what for. Do you understand what I'm talking about? So you have a purpose and you should do something for this purpose in the state of happiness. If a person doesn't live so he wastes himself, and it means he has weak Mercury and weak Jupiter. *Weak mind, weak purpose drive and weak ability to explain to yourself what to do. Weakness of nerve system arises.* Why does it arise? Thanks God, you are right. Everything is correct, look, everything is right.

### ***Peace in life.***

[01:20:17](#) Look, *if a person doesn't have the power of happiness in his or her mind, how can he control the nerve system? If [prana](#) is not activated, intellect controls prana, the vital air in the body, and prana controls nerve system.* Is it so? Nerve system becomes weak. Why does intellect become weak? Intellect is strong only when it is happy. When it is relaxed and happy. These are two indicators of intellect strength: peace and [happiness](#). **If a person is relaxed, if he or she is happy, it means his or her intellect is strong. What does strong intellect mean? It means a strong ability to think, strong memory, strong emotions, i.e. ability to be happy, cheerful, to behave yourself correctly in society etc.** Only two things: peace and happiness.

[01:21:26](#) Both things are coming from mind. *[Peace](#) comes from understanding by a person of the purpose of his life and by living in this direction; he or she becomes satisfied immediately because they fulfill their purpose in life and don't have pain.* So. Peace comes. Happiness comes from intellects' [purity](#). Purity comes from innocence. A person who doesn't do sinful acts feels happiness inside. He wishes everyone to be happy and happiness grows in him. He tries to connect to God. *What is [yoga](#)? This is connection. A person does yoga therefore tries to connect to God.* Someone may think that yoga is when you torture your body. Yoga means connection, this is a Sanskrit word meaning connection. And any practice of such connection means yoga. Therefore a person who does yoga is able to be happy, because happiness comes directly from God. Is it so? So.

[01:22:41](#) Therefore, *weakness of nerve system arises due to lack of intellect power.* He can't control and there is no purpose in life, there is no path in life and purity, i.e. depravity is great. All this is related directly to Mercury because Mercury is a conductor in all these things. It is a conductor of innocence and rationality. Do you understand? It is just a meaning of connection. Do you understand? Therefore, Mercury as well as Jupiter, of course, are for out path in life.

[01:23:22](#) Mental and brain disorders arise. *A person who can't explain anything to himself and it is obviously that he will get mental disorders.* A person who can't communicate with others obviously gets mental disorder. A person who doesn't understand what is going on and doesn't have normal communication with other people gets mental disorder. Therefore, *mental disorders are consequences of our unwillingness to do good for other people.* When we don't want to do it then Mercury becomes weak. Mercury's weakness results to mental disorders.

### ***Vulnerability.***

[01:24:08](#) Another similar issue is great vulnerability of intellect. *Mental disorder means that a person doesn't understand at all or understands a little what is going on. He can't use his*

*intellect properly. The second moment – is excessive vulnerability and sensitivity of intellect; or in other words excessive tiredness of [intellect thin body](#). Excessive tiredness of intellect thin body arises because we exhaust it. Exhaustion of intellect is because a person doesn't feed it with the power of happiness and peace. The power of happiness comes from the [Sun](#) and the power of peace is from the [Moon](#).*

[01:24:53](#) If a person has weak Sun and weak Moon in the horoscope, he or she has excessive vulnerability automatically from their past lives, he or she is already vulnerable according to their nature. What should he or she do? The same as other people do. A person should live in such conditions which were given by nature according to the destiny. There is no difference – somebody feels better today, somebody feels worse – what is the difference? Those who have bad conditions now are more willing to be happy than those who have good conditions and are relaxed and don't want to do anything. Therefore I'm sure most of the people here attending this lecture are not satisfied with something in their lives and they want to change it to better, and it is good. Therefore those who think that happiness is when everything is super good in the horoscope are wrong. Everyone wants good horoscope – it's not true. What kind of happiness is it when everything is good and nothing needs to be done? Is it so?

[01:26:02](#) Nothing needs to be done, but happiness... So, if you take horoscopes of piglets you will see that they have perfect horoscopes because they are absolutely happy, they wallow in mud, grunt and eat excrements. In India piglets eat only excrements, it is cleaned there. You are surprised. This is such an animal. It has such an inclination. We have the same in Russia, but nobody says this, otherwise nobody will eat piglets. So. But look into their eyes. Has somebody ever looked into piglets' eyes? They are so happy. This is called happiness in ignorance.

### ***Causes of nerve system diseases.***

[01:27:05](#) *People have nerve diseases. They occur due to following qualities: inclination to violence, aggression, desperation, push, impulsions, intemperance, irritability and [fear](#).* Unfortunately, our lecture is coming to its end. A person has dry skin due to weak Mercury. Dry skin and allergic diseases comes from excessive intellect sensitivity which we have already discussed. That is related to bad Moon and Sun in the horoscope. Of course, Mercury is bad, because if Mercury is good it will connect a person with Sun and Moon; so connection works this way. A person with the help of logics and understanding of things can achieve peace in life by wishing happiness. Is it so?

[01:28:06](#) Somebody told me that Sun and Moon are the most important planets, therefore there is no need to visit next lectures. In reality it is not true; you see that Mercury is also very important. *IF a person has energy, i.e. Sun gives power in life, and Moon gives peace, this doesn't mean anything yet. We need to have a mind work in order to live properly. We need to have understanding of things, we need to think over.* So. Dry skin, itchy skin, allergy – all these are related to intellect sensitivity.

[01:28:38](#) *Mercury can cause weak lungs and heart due to malfunction. Arrhythmia of heart is related to Mercury; malfunction of lungs, i.e. respiratory malfunction is due to hormone system malfunction which is connected directly to Mercury.* Inclination to have such diseases as tuberculosis which is in general connected to lack of [joy](#) and inner [depression](#), when a person is depressed. A depressed person can't understand anything naturally, he is depressed by this. All this is related to weak Mercury.



[01:29:31](#) When Mercury is in Aries and it is weak it results in inclination to anxiety, fear, mental anxiety, headaches and nerve head diseases. Mercury in Sagittarius causes weakness of head, giddiness, nervousness, and ache in hips. Mercury in Pisces causes bad memory, fear, anxiety, indispositions which don't exist and nerve diseases. A person thinks that he's got an indisposition, but he doesn't have it. Mercury causes such things sometimes. Also you should know that in general sometimes Mercury in bad position can cause malfunction of bile secretion and secretion malfunction of pancreas. These organs are the most often used by us because we spend most of the time eating. So. Stomach always works digesting; digesting process never stops. Therefore the busiest organs are digestive organs of a human.

[01:30:50](#) Obviously, *malfunction of our mentality causes malfunction of bile cyst and liver.* And malfunction of our volitional processes, i.e. when our will doesn't work properly in relation to other people, causes bile secretion malfunction. When emotions and intellect doesn't work properly, when mental function doesn't work properly, pancreas suffers due to excessive sensitivity and depressiveness. Let's try to answer your questions. Let's ask them.

### **Questions -Answers.**

[01:31:37](#) What is the reason of, let' say, astigmatism? [not understandably]

### **Astigmatism.**

[01:31:46](#) Very simple. Astigmatism arises due to tension of nervous system, i.e. one hemisphere has more tension than another one. This arises due to misbalance of intellect and will. When a person is not responsible for his actions or words; when he is not responsible for his actions it means he does something but doesn't think about it. It means that his right hemisphere will be more active than the left one. He gets spinal curvature because perivertebral muscles overbalance one side and discs move aside due to this. The second variant: his eyes look to different sides. The next moment is when a person talks about something but doesn't do it; in this case left hemisphere is too active and the right one is passive; as a result on the contrary his eyes curve. Do you understand?

[01:33:04](#) [not understandably]

[01:33:29](#) to lack of Sun and Moon in the body and Mars is also related to. Sometimes a person is just aggressive. If heightened sensibility as a little child, this happens to him; what do you think the Moon and the Sun don't influence on him? How to help him? Only by neutralization of these qualities in his mother's mind; these qualities give opportunity to help the child; there is no other variants. If a mother is in the state of happiness and peace, her child gets this state automatically. What other variants do you have?

[01:34:13](#) [not understandably]

[01:34:16](#) If a child is already a grown-up and the influence of him mother reduces, it means that starting from the age of 13 when a puberty period takes place a child take his own responsibility for his life. It means that the train has gone already. Do you know what is when the train has gone? I know this...I had this state twice in my life. [can't be heard] By wishing happiness to this child. If he doesn't listen to you. And if he listens to you, you can change. If he doesn't listens to then...even if a child is too small, you can't force him to listen to you, then you can

only wish him happiness. He seems to listen but doesn't understand. It means he doesn't listen to. To listen means to understand.

[01:35:14](#) In general we need to understand the following thing – a child will not be good if we don't change ourselves. *Only by changing your karma you can change the karma of your child. By changing our karma we pull our children after ourselves. A child isn't responsible for his parents but he can clean them by his inner wish. If he directs his actions towards parents he cleans them by this.* I remembered that questions should be repeated. Speak.

[01:35:58](#) [not understandably]

### ***Woman's happiness in family life.***

[01:36:09](#) *A wish to obey a person whom she loves is the best woman's behaviour.* No, a wish, dreaminess has nothing to do here, a wish is determination. What dreaminess has a person who wishes to obey? A woman in such a condition stays in peace. She doesn't have any problems in life. When a woman wants to obey her man in bed-this is called dreaminess. I don't know how to explain. This type of intellect work goes directly from false ego. It has nothing in common with self-perfection.

[01:36:59](#) A wish to depend and obey...[can't be heard]

[01:37:02](#) A wish to depend and obey is woman's nature, but if she doesn't want to do this in order to get pleasure, this is due to false ego influence. *If she wants to do it in order to help other person and to help him in life, to be his close friend – it means a work of mind.* There are two variants, which one do you choose? In general, it's not bad for a woman to love her husband or future husband, it's not bad, it's natural. Without it there will be no children. This is a natural function. But if a person makes this natural function to be the most important in his life, it means he will be born in lower planets in his next lives. Or he will be born in animal's body. Two variants. Do you understand? A person should all his dreaminess...including...what does happiness depend on? Why is a person happy or unhappy? Why? I think I have said something bad; you are not pleased, aren't you? Please, excuse me. I feel that I've given a wrong reply.

[01:38:27](#) You know, actually, when a person desires happiness not for him or herself, but wants to live for other person, i.e. naturally a woman should find a husband for her. But when she does it *in order to meet an important goal in his life, in this case she achieves happiness in advance. In this case she is successful in relations with this person, do you understand? When she wants him to please her feelings, in this case acting with egoism she suffers.* Because this wish will be the base of future relations. If a person wants somebody to please his or her feelings, then dissatisfaction will arise. Because he will please feeling of other person as much as he will be pleased himself. But this process will be finished in some time because this ability is limited.

[01:39:40](#) One person can please somebody's feeling during a limited period of time. It will be finished, you see, because the power will be finished. Two powers are closed to each other, both will be finished, these are the powers of egoism. A person can satisfy as long as he or she has power, but later he or she already can't do this, and dissatisfaction arise. And those who start from this, in the end will finish with conflicts, argues, enmity and hatred to each other. Do you understand? This is a natural process. *But when a person wants to live for the sake of other person, not for him or herself but for other person, in this case even if that person doesn't understand yet how to behave correctly and wants to get pleasure only, anyway happiness will*

*be kept in this family.* Some power of happiness unless that person is changed and understands himself how to behave correctly. But it requires some time, and in general it is our destiny. This is our destiny to have such husband or wife. Do you understand it or not?

[01:40:49](#) This is the crucial question in family relationship. *If a person wants somebody to please him or her, but doesn't want to live for the sake of this person, this means unhappiness, by all means, no more variants.* Because other people have limited abilities to please our feelings. And this ability is weakening gradually. And everybody knows that there is a honeymoon, then problems arise which continue much longer than one month. In order to prove this thought for young ladies whom this question means a lot, please raise your hands those who already are experienced in family life and agree that it is really so? Who is sure in this? That if you want somebody to love you and live only for this sake, then conflicts come to life? If you want to live for the sake of other person then everything gradually will be changed in the family. Raise your hands those, who had understood this. You see how many of you. Others are faced to understand it. Because this is a law, no way to go. Yes.

### **What is Veda?**

[01:42:11](#) Should I stand up? N, as you wish, there is no need to stand up. Dear Oleg Gennadievich, I have listened all lectured of the previous year, let's assume, I visit lectures during this year; depth, scientific nature is worth surprise and admiration; it's only like this. But I have two questions. Well, now the verdict will be, I knew it from the beginning. Ok, I obey. Almost in all lectured for record or even now or in answers to the questions you always mention the same thing "it is stated in Veda". I've tried to find Veda in our local library with the help of the staff. What is it? Or is it just [not understandably] or is it a many-volumed set? What is it? Great. Thank you for this question. And the second question. According to fullness of the audience we have a great wish to have all your lectures published in one book. Ok. We will buy it with great pleasure and will present to our close people.

[01:43:50](#) Well, I suppose it is not a very strict verdict; I thought I will be shot now. Everything is Ok, I'm still alive. It means I will definitely answer both questions. We can discuss what Vedas is in details after finishing these lectures. Actually, I can tell you already; we are preparing a new seminar, when I will departure. A seminar will be devoted to the history of the Universe. That means what is Veda, i.e. *Vedas exists from the very beginning. Veda describes the moment when [Brahma](#) was creating the Universe; before that four main Vedas entered His four heads and heart and after Vedas came out of His four heads and mouths. And He started to create our Universe with the power of these Vedas.* This is not important, i.e. you may believe in it or not, but it is said in Vedas so. You understand, but we can't...how can we check it? We take the source and start studying it. I have already told you that knowledge consists in this. We may not accept it, we may just study it until we see trustworthiness; there are facts we can check; and we just believe in facts we can't check. Nothing you can do about it, do you understand? Billions of years of life are described there. There are also predictive Vedas which predict different events; but you may not talk about it sometimes because it can cause panic, but in any case some problems are predicted there.

[01:45:42](#) That is an Indian view [not understandably]

[01:45:44](#) No, my friend, not Indian. The point is that *we had Vedic culture here two thousand years ago, but it degraded a lot. Here we had Vedic culture in old Russia. You all know about this. We have many Vedic words in Russian language. The word "radost" (joy), "darit solntse"*

(to give Sun), “medved” (a bear). Why is had gone? Because there was not enough knowledge to maintain it. In generally, our Universe gets degraded in some time, and in order to revive this knowledge God arrives here; there is such a tendency. People are inclined to degrade; the same as we get older the Universe also gets older. You see, everything has such a tendency to decrease. Do you understand? In general there is such an inclination, but we honestly think that there is a progress. Then what is the progress? Is it that we get older? Look around you, everything gets older. The Earth gets older, the Sun gets older, and the Universe gets older. That is why everything in [material world](#) is in the process of destruction. But inner progress always progress. Even if we get somewhere where we should not be, we learn. Inner progress of a person always increases. Do you understand what the difference is?

[01:47:13](#) If Vedic studies has so many years [not understandably] and now it is reviving, then it is difficult to apprehend for people [not understandably] it is really difficult to do.

### **Veda and fanaticism.**

[01:47:39](#) Please understand that in reality it didn't disappear anywhere; this is a matter of the place where we were born. *There are areas where Vedic culture is almost inaccessible; just according to the law of karma a person can't get this knowledge.* Do you understand? It is not because it had disappeared; many planets in this world have it, Vedic knowledge exists in full volume. Do you understand? Somewhere you can't find it at all. We have some opportunity to know it. You have such a good opportunity. *It is very difficult to get this knowledge in Russia, because according to the destiny we should have it here. Do you understand? Look, most of the people don't know what it is.* You can't find it even in the library, you see?

[01:48:34](#) Ok, let's wish everyone to be happy. *The most important thing is your inner inclination, what you strive for – this all will be given to you by God, everything will come true; it is undoubtedly, just cultivate your inner knowledge, this is the most important thing. And don't be fanatics; never be very attached to only one idea.* If you have inside, say, let's assume...one moment, please, when a person stands on the path of knowledge, the very first stage is the stage of contradictions. And the greatest problem of such a person is when he or she has some inner culture, say, Christian culture or Muslim culture, or let's assume that there are Tatar, Uzbek or Kazakh people in the audience; so there is some inner culture, and every person who stands at the very first stage of spiritual knowledge is characterized with inner contradictions (this is the first stage of spiritual knowledge). This means a strong display of duality. Duality means that if it is good, then it is bad. And it is very difficult to overcome this power of mind, do you understand?

[01:49:59](#) If this person says one thing, he is good it means the other one is bad. Therefore the questions are the same: Is Lazarev good or bad? i.e. Lazarev says something different and it means he is bad. Such conclusions. Do you understand that this duality arises due to the very first stage – the stage of contradictions? The most dangerous thing is when such people start to think that there is a war between true knowledge, say true Christian knowledge, and true Vedic knowledge; this is the first danger. The second one is when such people think that true Christians should fight with true followers of other religions. Well, Vedas say about this the following: **faith in benevolence means that a person doesn't have contradictions between religious systems; he understands that different people have different paths.** *This can be compared to a mountain with has one top but several paths. A person in this state starts following one path and feels happy on this path and he really thinks that other people who follow other paths from other sides of mountain are unhappy and tries to gain them over. He says: firstly you should go*



*round the mountain and it will take you a half of your life and then you will follow my path with me and will be happy.*

[01:51:37](#) Therefore, I'm telling you now: stay at your side of the mountain, don't go round and follow the same path which you are on. Sometimes it happens when a person follows one path and don't understand what kind of path it is. And later – once he understands. Just go and don't change anything. Something may be changed or nothing may be changed at all in life; the most important thing to know is that you should go only upwards, not downwards. And we talk about how to define it at every lecture. Is it so? Therefore a person should strive for knowledge only and should avoid places with fights where people say the following: these are good and those are bad. You should avoid such places. Why? *Because there is no benevolence where people are fighting. There is no knowledge where people are fighting.* Do you agree with me? This is the only principle.

[01:52:36](#) I've started this topic because you've asked about Vedas; in order to convince people who truly believe in Jesus Christ that there is no contraction with Christian knowledge as somebody may think. If we talk about Vedas it means we infringe upon Christianity somehow. If you want I can tell you about Jesus Christ, I can devote the whole lecture to Him, no problem. Because Jesus Christ is described in Vedas; His birth was predicted there.

### ***About eating meat.***

[01:53:13](#) [not understandably] First of all, who said that in the Bible eating meat is allowed? [not understandably] ...there not bloody food is allowed at all... this is a question of principle...

[01:53:43](#) Yes, this is a question of principle. But I agree with you that this question is very serious. It concerns the whole life of a human in general. What is allowed to eat and what is not. Because our consciousness depends on what we eat. Different studies consist of that. But I should say now, that I've never met either in Vedas, or in [Christianity](#) or in the [Koran](#) that eating killed animals is allowed. In Jewish, in ancient Jewish language fish and food are translated with the same words, yes.

[01:54:26](#) [not understandably]

[01:54:37](#) Please understand that *a person who has spiritual knowledge doesn't blame people for their lifestyle, but he tries to help them.* He can throw the net and catch food which they eat; do you understand? But it doesn't mean...he actually can eat something that he doesn't eat in life only feeling compassion, but it doesn't mean that he wants to eat this food. Do you understand? *A person with spiritual knowledge knows that people are meant to eat creatures which live in bodies of much lower level, it means plants. Vegetarian food is meant for us, because plants feel less pain which their souls leave their bodies than animals do.* Plants don't squeak, do they? What? No, no, everything is described, in general, and this is as well... if a person just destroys plants – it is a great sin as well.

### ***Sacrificial offering.***

[01:55:54](#) So, there is one principle in the Universe – one is living by eating another one; the question is whom to eat. If you eat plants, you sin, but not a lot; Vedas even explain how not to sin by eating plants. The point is that there are such acts as [sacrificial offerings](#). Let's assume, long time ago wise men gathered together and could feel great compassion for animals; they took

an animal, pronounced specific [mantras](#) and this animal left it's body and was born on Higher planets. Because it's meat were full of God power they fed people who didn't have spiritual knowledge with this meat; and these people got spiritual power by this act. Because meat of this animal was connected to the Higher power. Do you understand?

[01:57:09](#) Later when this knowledge was lost people remembered that it is necessary to kill and eat animals. In the beginning about two thousand years ago, nobody killed animals just like a habit. Animals were killed but that was a religious ceremony with specific mantras; only external ceremony was left. Do you understand? There is only external ceremony now. And you remember in the Bible, in the Old Testament those people who killed animals at slaughter-houses were condemned. And when Jesus Christ arrived, he embodied a shepherd, a person who protects animals. And *the first commandment for those who want to have spiritual practice, is "not to kill"*. "Not to kill" means don't kill one's neighbour, i.e. your close brother. A close brother to a person is an animal, but a plant isn't a close brother. Do you understand?

[01:58:23](#) But there is the same sacrificial offering at eating plants. If a person cooks vegetables and offers them to God, i.e. he just prays thinking about God or repeats God's names during cooking. Because [in spiritual world a name of a person doesn't differ from himself](#). How does it happen? As soon as one person pronounces a name, an object appears immediately; in spiritual world there is no difference. God exists only in spiritual world, i.e. *we contact with spiritual world on a regular basis through ourselves, through Paramatma, through Supersoul. When a person cooks something and pronounces a Holy name, automatically this food becomes sanctified, and these vegetables which had such bodies become human-beings or even higher in their next lives.* That's how vegetables are purified; and you already don't eat a sin, but you eat a sanctified food. That is said in Vedas, how we can solve this problem with vegetables. Therefore there is no problem.

[01:59:39](#) [not understandably]

### ***Manu's law about killing animals.***

[01:59:41](#) Nothing of the kind. There is such a part of Vedas as [Manu's](#) laws. *Manu's laws are laws of a governor who ruled during that time.* It is said there that *as people can't force animal to progress by killing them, they don't have such qualities, they should not kill animals because they can't force animals to progress.* But according to the law of karma, the law of destiny...really they don't have such qualities themselves, but what happens? A seesaw works. In general there is nothing bad in killing animals, for animals. There is nothing bad for an animal, but because a human-being can't cope with this situation he or she degrades. What is happening? The following happens: when a person kills an animal he changes bodies with this animal; as he can't get this animal out, this animal suffers from this person and gets all positive qualities of this person and next life will be born in human body. *And this person can't cope with the power of sin reactions of this animal and will be born in it's body next life.*

[02:01:05](#) [not understandably]

[02:01:11](#) Well, it means that he will live in animal's body for a long time. Sometimes he lives for long time, sometimes not. You understand that we don't have such a power to raise animals by our [devotion](#). If somebody has such a power, then he just can by repeating God's holy name; such an animal immediately...There was such an accident when God himself arrived on Earth and was playing with an animal and repeating the holy name at the same time. And this animal

was purified so quickly and started to repeat the holy name aloud, then it left its body and died. And it went to the spiritual world. He didn't kill this animal, the animal left its body itself; who wants to live in animal's body. As soon as an animal is purified it leaves its body, there is no point to be inside it. There is a point to live in human body, what is the purpose of animal body? Only sensual joys, no purpose, do you understand? Therefore such an animal appreciates a lot when it is raised to the Higher planets. But the question is not in this animal, but it is in us. What do we get from this? Nothing good.

[02:02:36](#) But as we are still in human bodies now the situation is not hopeless. Ladies and gentlemen, I can open one secret to you – *a person can change himself at any time, i.e. as soon as he accepts the right way to live, he realizes a mistake and doesn't want to repeat it, he begins the process of self-awareness; he doesn't do anything fanatically, i.e. with the help of...* If you don't understand that it is time to give up eating [meat](#), please, eat it, but continue the process of self-awareness. The time when you will understand everything will come. The question is only in time. Don't torture yourself, everything is ok, eat the last [cows](#). Now we are going to wish everyone to be happy. Don't panic etc. Ok, everyone, please, sit straight.